CHESTERFIELD COUNTY

Providing a FIRST CHOICE community through excellence in public service



Summer 2006

PARKS AND RECREATION

From the Director's Desk

Summer Camp = Summer Fun for Area Children and Youths

Summertime and the livin' is easy. Especially if you're a child or teenager living out the season's balmy, long days at one of Chesterfield County's many summer camps. Whether your child is a fan of high adventure or sports, finding a camp that will tickle his or her fancy this summer is easy. We realize that, just like adults, not all



children or teenagers enjoy the same things, so we offer a variety of camps that appeal to a variety of interests.

The Parks and Recreation Department is offering camps for youths who crave the challenges of the outdoors, the wonder of nature or the opportunity to learn a new skill. Of course, we still offer the traditional types of summer camps that combine sports, arts and crafts, and music for ages 4-15. Most of the camps will be held at various locations throughout the county, from Pocahontas State Park to Rockwood Park, to some of the county's schools.

The Parks and Recreation Department also will operate four teen centers for middle- and high-school students in the Clover Hill, Dale, Ettrick and Greenfield areas. The teen centers will offer a wide range of daily activities including sports, games, and arts and crafts. Most importantly, they offer a free, safe environment where teenagers can spend time while having fun.

Information, including dates, times and fees, for all of the summer camps is contained in this Program Guide and also is available online at chesterfield.gov or by calling the department at 748-1623. Some camps fill up quickly, so parents are urged to register their children as soon as possible. And enjoy the fun of summer.

Mike Golden, Director

Chesterfield County Parks and Recreation

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Program registration begins Monday, April 24.

See Page 31 for registration information or check out the convenient Touch-Tone Registration on Page 29.

THE MISSION OF THE CHESTERFIELD COUNTY PARKS AND RECREATION DEPARTMENT is to provide a comprehensive system of leisure programs, educational opportunities and recreational facilities for all its citizens while conserving and protecting environmental, historical and cultural resources. We will promote community involvement in developing and providing leisure services. The department will ensure customer service excellence, affordability, equal opportunity, a safe environment and access for all citizens.

At Your Service - The Parks and Recreation staff is here to help you!

Athletic Programs

Bill Carlson, 748-1128 Kelly Hedley, 748-1122 Susie Owens, 751-4199 Scott Tingen, 751-4602 Paul Wilmoth, 748-1130 Milton Marsh, 751-4903

Community Buildings

Bensley: David Potter, 275-5321 Ettrick: Tonya Branch, 526-5596

Community Recreation

Dave Caras, 748-1132 Jackie Maclin, 748-1123 Mark Pinney, 748-1992 Senior Adults: Judy Jones, 751-4135 Therapeutic Recreation: Stacy Slusser, 751-4134

Historical Programs

Dennis Farmer, 751-4946

Nature Programs

Mark Battista, 706-9690 Judy Brown, 745-7020 Nature Center, 674-1629

Outdoor Adventure Programs

Noel Losen, 748-1129 Kristi Orcutt, 706-2734 Greg Velzy, 748-1124 Challenge Course, 751-4133

Park Information

Main Parks Office: 748-1624 Daniel Park at Iron Bridge: 271-7554 Dodd Park at Point of Rocks: 530-2459

Huguenot Park: 323-1700 Rockwood Park: 276-6661 Warbro Complex: 717-6215

Central: 717-6215

Athletic Leagues – Adult

The Chesterfield County Parks and Recreation Department sponsors or co-sponsors numerous adult and youth leagues that offer a variety of sports. The department, in cooperation with county schools, provides the facilities necessary for the operation of these leagues.

Softball

Chesterfield County Parks and Recreation Fall Coed Softball League

Games will be on Tuesday and Wednesday nights and Sunday afternoons at starting in August at Daniel Park at Iron Bridge and Bird Athletic Complex. The league fee is \$345 which includes a seven-week, 14-game season and all game balls. ASA rules apply and umpires will be provided. T-shirts will be given to the winning teams. The league meeting will be Thursday, July 13, 6 p.m., at the Parks and Recreation Administration Building.

Details: Kelly Hedley, 748-1122

Course 12347

NEW) Chesterfield County Parks and Recreation Fall Women's Softball League

A new county-run league will be held on Tuesday nights starting in August at Daniel Park at Iron Bridge. The league fee is \$330, which includes all game balls. USSSA rules apply and umpires will be provided. The league meeting will be Thursday, July 13, 6 p.m., at the Parks and Recreation Administration Building.

Details: Kelly Hedley, 748-1122

Course 12350

Chesterfield Softball Association (Men's Softball)

This association offers many men's leagues throughout the county. A league meeting will be held in August. Games begin in September. Teams and individuals may sign up. Details: 768-4252

Southside Churches Recreation Association

This association offers men's, women's and coed leagues for area church teams. Season starts in August.

Details: Debbie Synder, 271-4683

Senior Softball

The Chesterfield Senior Softball Association has two divisions. The men's league for those aged 50 and older has teams that play on Thursday nights at the L. C. Bird High School Athletic Complex. The coed league for men aged 50 and older and women aged 40 and older has teams that play Monday nights at the same location. Details: Karen Murrell, 353-1900, ext. 2360, or kmurrell@edpstech.com

Basketball

Chesterfield County Adult Fall Basketball League

The Chesterfield County Parks and Recreation Department will be accepting teams interested in playing in the Fall 2006 Basketball League. Games will be played on weeknights at various school sites. The fall league will start the week of Sept. 25, and the league fee will be \$450. A captain's meeting will be held on the night of the first game.

Details: Kelly Hedley, 748-1122

Course 12355

Nonresident Fee

Fees are charged to nonresidents of Chesterfield County who wish to participate in department and co-sponsored athletic activities. The fee is \$10 per person, per sport and applies to all adult and youth teams, leagues, open gyms and individuals. Noncompliance may lead to a denial of the privilege of using county facilities.

Looking for a team? New to the area?

If you are interested in forming a team or getting on a team, or if you need a few more players on your team, contact Kelly Hedley at 748-1122 or Hedleyk@chesterfield.gov.

Soccer

American International Soccer League

The soccer league plays at Clover Hill Athletic Complex on Sundays. Details: Roberto Contreras Jr., 276-9282 or 833-3362

Capital Area Soccer Association

The association consists of five divisions: open, 18-plus women, 40-plus men, 50-plus men and international. Details: CASA Hotline, 794-5259, or casasoccer.org

Chesterfield Women's Soccer

Two divisions are offered: one for ages 18 and older and another for ages 30 and older. Games will be played on Sundays starting in September.

Details: 346-1998 or cwsasoccer.org

Chesterfield Parks and Recreation Coed Soccer League

This recreational coed league is for adults aged 18 and older. Games will be played on Thursdays starting in June at the Clover Hill Athletic Complex. The league fee for the eight-week season is \$40 per player or \$400 per team. Shirts are included in the fee. Rain makeup games will be played on Mondays. A league meeting will be held at the field on Thursday, June 22, at 6:30 p.m., followed by scrimmages.

Details: Kelly Hedley, 748-1122 **Course 12353**

Vollevball

Adult Volleyball Leagues

The Chesterfield County Parks and Recreation Department will offer competitive and recreational indoor volleyball leagues for coed and women's teams. Competitive coed leagues will play Monday nights, and recreational coed and women's leagues will play Wednesday nights. All leagues begin the week of Sept. 25 and play at Manchester Middle School. The league fee for either a competitive or recreational team is \$250. The fee for an individual is \$40. A league meeting will be held on the first night of play at 6:30 p.m. at Manchester Middle School, followed by scrimmages. All teams will be called with the exact date and time.

Competitive League Course 12360 Recreational League **Course 12358** Women's Recreational Course 12361

Details: Kelly Hedley, 748-1122

For information on cancellation of programs due to adverse weather conditions, see Page 4.

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Athletic Leagues – Youth

The Chesterfield County Parks and Recreation Department sponsors or co-sponsors numerous adult and youth leagues that offer a variety of sports. The department, in cooperation with county schools, provides the facilities necessary for the operation of these leagues.

Baseball and Softball

Chesterfield County co-sponsors several youth baseball and softball programs. Practices start in August. Games begin in the fall.

Baseball

Chesterfield Baseball Clubs Inc.

This countywide program is for youths aged 5-18. Details: Blake Eller, 479-0108, or cbcbaseball.org

Chesterfield Little League

Teams will practice and play at sites along the Hull Street Road corridor. For youths aged 5-18

Details: 254-2374 or eteamz.com/cllbb

Central Chesterfield Little League

Practices and games will be at sites along and south of the Courthouse Road corridor. For youths aged 5-18

Details: 271-0160 or ccllbaseball.com

Huguenot Little League

Practices and games will be at sites along the Midlothian Turnpike corridor. For youths aged 5-18 Details: 323-6357 or hllball.org

Softball

Chesterfield Youth Softball Association

This league offers slow-pitch and fast-pitch softball for youths aged 5-18. Practice and play will be countywide.

Details: 790-1619 or cysainc.com-leaguelineup.com/cysa

Chesterfield United Girls' Softball

This is an A.S.A.- and A.F.A.-sanctioned fast-pitch program for girls aged 12-18. Play will be at various sites throughout the county.

Details: Milton Simmons, 743-1336

Football

The county co-sponsors two area football leagues in the fall. Practice begins in August. Games begin in September.

Chesterfield Quarterback League

This is a countywide youth football league for ages 6-14. Teams are fielded by local athletic associations. Practices start in August. Saturday games begin in September around the county.

Details: 778-7888 or cqlfootball.com

Chesterfield Metro Football Association

(Affiliated with Metro Youth Football Association)
This association offers football and cheerleading to those aged 5-15. The league uses Virginia High School League rules and enforces a must-play rule for all participants. Practice starts in August.

Details: Lou Lippa, 743-1328

Volleyball

An indoor volleyball league open to youths aged 11-16 will be held at Manchester Middle School on Monday nights from 6-7:30 p.m. This seven-week program begins Monday, Sept. 26 for all skill levels. Details: Kelly Hedley, 748-1122 \$40 Course 12385

Cheerleading

Chesterfield Cheerleading League

Countywide cheerleading program for youths aged 8-15. Flag cheerleading is for ages 5-7, and competitive squads for grades 4-12. Participants will cheer at Chesterfield Quarterback League football games. A countywide competition will be held in the fall. Register through your local athletic association.

Soccer

This countywide program is for youths aged 5-17. Games will be played on Saturdays starting in September at various park and school sites. The program consists of six-member leagues that offer in-house play and select travel teams. Register to play through these area soccer associations:

Chesterfield United Soccer Club chesterfieldunited.com	271-2714
F.C. Richmond Soccer League fcrichmond.com	897-5200
James River Soccer League jrusoccer.com	271-2714
Midlothian Youth Soccer League mysl.com	744-8505
Richmond Kickers	644-5425, ext. 311

Field Hockey/Lacrosse Swift Creek Sports Club

This recreational league for youths aged 8-19 offers field hockey and lacrosse recreational and travel teams throughout the county. A must-play rule is enforced. League is affiliated with the USFHA and USLA. Details: 763-0400 or swiftcreeksportsclub.com

Athletic Associations

Many youth sports require registration through your local athletic associations. To learn which athletic association serves you, and to receive additional information about how to register for a youth sport, call 751-4199. The athletic associations are listed below.

1 /			
Bellwood	Crenshaw	Harrowgate	Robious
Bensley	Davis	Hening	Salem
Beulah	Enon	Hopkins	Smith
Chalkley	Ettrick	Jacobs	Spring Run
Christian	Evergreen	Matoaca	Swift Creek
Chester Sports	Falling Creek	Midlothian	Wells
Boosters	Gates	Providence	Woodlake
Clover Hill	Gordon	Reams Road	Woolridge

Adverse Weather Hot Line 748-1001 or on the Web

Citizens may now access field-closing information in two ways.

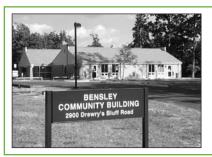
Call the telephone hot line at 748-1001 or visit chesterfield.gov and click on Parks and Recreation under County Departments for Adverse Weather Hot Line information.

The field-closing information for Parks and Recreation athletic sites is updated Monday-Friday at 4 p.m. only. Decisions regarding games at outdoor school sites are made by league commissioners.

Note: This information is not updated after 4 p.m. on weekdays or on weekends.

Community Buildings - Bensley

For more details on Bensley programs, call David Potter at 275-5321.



The Chesterfield County Parks and **Recreation Department** is excited to offer youths, adults and older adults a variety of programs at the Bensley Community Building. All classes, workshops, special events and craft programs are made possible by Chesterfield County and a Community Development Block Grant.

Available for rent

The Bensley Community Building in Bensley Park, 2900 Drewry's Bluff Road, is rented on a first-come, first-served basis. An hourly charge will be applied. The 5,000-plus-square-foot building contains an arts-and-crafts room and a multipurpose room. For more information about classes, special events and rentals, please call David Potter, 275-5321.

Fitness Pilates 2

Pilates is designed to build long, supple muscles, improve posture and increase grace. Pilates strengthens your powerhouse, or core, which consists of the abdomen, lower back and hips.

Tuesdays, May 2-June 6	_	
11:20 a.m12:20 p.m.	\$15	Course 12168
Thursdays, May 4-June 8		
12:30-1:30 p.m.	\$15	Course 12169
Tuesdays, June 13-July 18		
11:20 a.m12:20 p.m. (Not held July 4)	\$12.50	Course 12170
Thursdays, June 15-July 20		
12:30-1:30 p.m.	\$15	Course 12171
Tuesdays, July 25-Aug. 29		
11:20 a.m12:20 p.m.	\$15	Course 12172
Thursdays, July 27-Aug. 31		
12:30-1:30 p.m.	\$15	Course 12173
_		

NEW Pilates After Work

Join our new pilates class after work. Instructor will be Gwen Beall.

Tuesday and Thursdays, 6-/ p.m.		
May 2-June 8	\$30	Course 12397
June 13-July 20 (Not held July 4)	\$27.50	Course 12398
July 25-Aug. 31	\$30	Course 12399

Sit and Be Fit/PACE

Join this long-running program with some new twists. Designed for older adults with limited mobility, this adaptive-movement program is less intense than Light-n-Lively Aerobics. Stretch, tone and socialize to upbeat music — all from the comfort of your chair. Elements of People with Arthritis Can Exercise or, PACE, are incorporated. Instructor will be Lois Hofstra.

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Classes are held 10:15-11 a.m.	Fee	Course
Mondays, May 1-June 5 (Not held May 29)	\$7.50	12174
Wednesdays, May 3-June 7	\$9	12175
Mondays, June 12-July 17	\$9	12176
Wednesdays, June 14-July 19	\$9	12177
Mondays, July 24-Aug. 28	\$9	12178
Wednesdays, July 26-Aug. 30	\$9	12179

Yoga 🍱

This course is appropriate for all fitness levels. It will incorporate easy physical postures, deep relaxation and breathing practices. It also will include meditation to help you to reduce stress and improve your strength and flexibility. Instructor will be Catherine DeSouza.

Mondays 11:40 a.m.-12:40 p.m.

Mondays, June 12-July 17 (Not held July 3)	\$12.50	Course 12185
Mondays, July 24-Aug. 28	\$15	Course 12187

Aerobics Light-n-Lively I

An aerobic workout that includes exercises and basic steps set to music, this class is designed for participants who have never taken an aerobics class, have not exercised on a regular basis or need to exercise at a slower pace. The class includes a low-impact cardiovascular workout with warm-up and cool-down exercises, followed by strength training and stretching. Instructor will be Lois Hofstra.

Classes are held 9-10 a.m.	Fee	Course
Tuesdays, May 2-June 6	\$12	12139
Thursdays, May 4-June 8	\$12	12140
Tuesdays, June 13-July 18 (Not held July 4)	\$10	12141
Thursdays, June 15-July 20	\$12	12142
Tuesdays, July 25-Aug. 29	\$12	12143
Thursdays, July 27-Aug. 31	\$12	12144

Aerobics Light-n-Lively II Table 1

This class is designed to increase your heart rate and keep it raised throughout your workout. It includes a warm-up exercise, a 30-minute cardiovascular workout and cool-down segment, and 30 minutes of strength training and stretching. Instructor will be Lois Hofstra.

Classes are held 9-10 a.m.	Fee	Course
Mondays, May 1-June 5 (Not held May 29)	\$10	12145
Wednesdays, May 3-June 7	\$12	12146
Fridays, May 5-June 9	\$12	12147
Mondays, June 12-July 17	\$12	12148
Wednesdays, June 14-July 19	\$12	12149
Fridays, June 16-July 21	\$12	12150
Mondays, July 24-Aug. 28	\$12	12151
Wednesdays, July 26-Aug. 30	\$12	12152
Fridays, July 28-Sept. 1	\$12	12153

Body Toning

This class combines hand weights and body resistance to tone and strengthen muscles. A relaxing total-body stretch will complete each class. Stronger muscles help burn more calories, reduce the risk of osteoporosis and improve the quality of daily activities. Well-toned muscles will help you look and feel great. This class is for people of all fitness levels and is taught by Kelly Pagel.

Classes are held 10:15-11:15 a.m.	Fee	Course
Tuesdays, May 2-June 6	\$15	12154
Thursdays, May 4-June 8	\$15	12155
Tuesdays, June 13-July 18 (Not held July 4)	\$12.50	12156
Thursdays, June 15-July 20	\$15	12157
Tuesdays, July 25-Aug. 29	\$15	12158
Thursdays, July 27-Aug. 31	\$15	12159

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Community Buildings – Bensley

For more details on Bensley programs, call David Potter at 275-5321.

Youth and Teens Karate for Kids

Learn self-defense, physical fitness, coordination, balance and discipline in this ongoing program for youths . Students will earn different belts as they progress in the program. Student of the Month awards also will be given. For youths aged 7 and older Instructor will be Walter Thompson Jr.

Tuesdays and Thursdays, 6-7 p.m.

May 2-June 8	\$25	Course 12128
June 13-July 20 (Not held July 4)	\$25	Course 12129
July 25-Aug. 31	\$25	Course 12130



This is a free program for youths aged 8-14. The Hang Time program provides your child with an opportunity to participate in sporting activities, arts and crafts, and field trips, all in a safe, structured environment. Bring your friends, or meet new ones, in the Hang Time program at the Bensley Community Building. This program is continuous, so you may join at any time. Mondays-Thursdays, 3-5:30 p.m.

Free Course 12131 May 1-Aug. 31

Kreative Kids

Help your child explore his or her creative talents. Parents will participate with their 2- to 6-year-olds in games and crafts as they learn cooperative play, develop motor skills and make new friends. Each day will include structured group play and a craft project. Special holiday parties are included as well.

Tuesdays, 10-11 a.m.

May 2-June 20	\$8	Course 12132
July 11-Aug. 29	\$8	Course 12133

Directions to the Bensley Community Building:

FROM CHIPPENHAM PARKWAY, go south on Jefferson Davis Highway (Route 1/301) about 0.7 miles, and take a right onto Swineford Road*. Go 0.3 miles, and bear left at the fork on Drewry's Bluff Road. Bensley Park is on the left. Keep going past the first parking lot. The entrance to the Bensley Community Building is around the curve on the left.

FROM ROUTE 288, go north on Jefferson Davis Highway (Route 1/301) past the Defense Supply Center Richmond, which will be on the left. Exactly one mile past DSCR, take a left onto Swineford Road*. Go 0.3 miles, and bear left at the fork on Drewry's Bluff Road. Bensley Park is on the left. Keep going past the first parking lot. The entrance to the Bensley Community Building is around the curve on the left.

*Look for the Bensley Community Building sign.



Let's Play Cards and Games Dominoes

Join the "train," as we play a great game of dominoes with friends. Everyone is welcome to participate.

Tuesdays, May 2-Aug. 29, 1-4 p.m. Free **Course 12135** Details: Richard Puffenbarger, 526-4923

Canasta

Join this group as we play canasta for fun. This program is free for everyone to enjoy. People of all skill levels are encouraged to participate. Program is ongoing.

Tuesdays, May 2-Aug. 29, 1-4 p.m. Free **Course 12136** Details: Peggy Oliver, 739-2688

Pinochle Club

Meet new friends while playing pinochle. Bring your lunch and spend time with us. Beginners can join at any time to learn this game. Program is ongoing.

Wednesdays, May 3-Aug. 30, 10 a.m.-4 p.m. Free Course 12137 Details: Hazel Harper, 275-0339

Bridge Card Group

This program is for players who have intermediate skills. Players who cancel must find a replacement. Players rotate tables and must pre-register one week prior to playing.

Course 12138 Thursdays, May 4-Aug. 31, 9 a.m.-1 p.m. Details: Joyce Wenberg, 275-5842

Blood Pressure Check

Follow Light-n-Lively Aerobics with a free blood-pressure check. A nurse from the Colonial Heights Convalescent Center will be on-site the first Wednesday of each month at 10 a.m. Everyone is welcome. No registration is required.

Community Buildings – Bensley

For more details on Bensley programs, call David Potter at 275-5321.

Luau Potluck

Let's get ready for summer by having a beach-themed luau. We will have some delightful food and provide musical entertainment. Bring a favorite dish to share.

Monday, May 15, noon-2 p.m.

Course 12195 Free

Celebrating American Traditions Potluck

Join us for a cookout as we celebrate America's freedom and traditions. There will be a guest speaker and musical entertainment. Bring a favorite dish to share.

Monday, July 3, noon-2 p.m.

Course 12190

Family Fun Day

This event will showcase a moonwalk, carnival games, arts and crafts, local community organizations and much more. Everyone is invited to attend this day of prizes and family fun. Saturday, June 24 11 a.m.-2 p.m. Free Course 12189



Intermediate Belly Dancing The Technology The Property of the

Building on the basics of Middle-Eastern dance, this course will include an introduction to veil dancing, figure eights, shimmies and hip articulation. Veil and finger-cymbal purchases will be available. Prerequisite is six months of belly dancing classes. Wear comfortable clothes. Instructor will be Donna Vronek.

For ages 14 and older

Classes are held Wednesdays, 6:30-7:30 p.m.

Course 12191 June 7-Aug. 9 (Not held June 21 and July 19) \$25

Introduction to Belly Dancing The Technology

Middle-Eastern dance, known to Americans as belly-dancing, is an increasingly popular form of recreation. Its gentle, low-impact exercise features movement of the torso and arms as well as traveling steps. Wear comfortable clothing. Instructor will be Donna Vronek. For ages 14 and older

Classes are held Wednesdays, 7:40-8:40 p.m.

June 7-Aug. 9 (Not held June 21 and July 19) \$25 **Course 12165**

Country Western Line Dance

This class is designed to teach you the basic steps and will progress from a beginner to an intermediate level. Even if you have never danced before, you can learn line dancing, and it does not require a partner. Come learn a few circle dances, contra line dances and current line dances. Instructor will be Pam Boyer.

Classes are held Mondays, 7-9 p.m.

May 15-July 3 (Not held May 29 and June 12) \$20 Course 12163 July 17-Aug. 28 (Not held Aug. 14) \$20 Course 12164

Creative Crafts 28

Instructor Bobbie Whitlock provides all the materials for these fun crafts.

Welcome Birdies Birdhouse

Kitty cats are painted on a birdhouse to welcome the birds. Friday, May 12, 9 a.m.-1 p.m. \$12.50 Course 12227

God Bless America Plaque

Have a new patriotic decoration ready when the Fourth of July

Friday, June 9, 9 a.m.-1 p.m.

\$12.50 Course 12228

Wooden Spoons

We will paint scenes on two wooden spoons.

Friday, July 14, 9 a.m.-1 p.m.

\$12.50 Course 12229

Wise Men Silhouette

It's time to get started on your Christmas painting.

Friday, Aug. 11, 9 a.m.-1 p.m.

\$12.50 Course 12231

Basic Spanish 22

All classes will be held Mondays and Wednesdays from 6:30-8 p.m. at the Bensley Community Building, 2900 Drewry's Bluff Road. Register at least one week prior to class. Instructor will be Marianela Macedo.

Level One

This class is for beginners. You will learn verbs, colors, days of the week and numbers.

May 22-31

Course 12211

Level Two

Do you want to improve your Spanish skills? Register now for this class and learn how to form short sentences, develop conversations and more.

June 12-21

Course 12212

Level Three

Are you ready to learn more Spanish? This class is for those individuals that have taken level-one and level-two classes. July 17-26 Course 12213

Visit us on the Web at chesterfield.gov.

Community Buildings – Ettrick

For more details on Ettrick programs, call Tonya Branch at 526-5596.

Mayes-Colbert Ettrick Community Building

The Chesterfield County Parks and Recreation Department offers youths, adults and senior adults a variety of activities at the Mayes-Colbert Ettrick Community Building. All



classes, workshops, special events and craft activities are made possible through the cooperative effort of Chesterfield County and a Community Development Block Grant. County residency or membership is not required to participate in the programs. For more details, call Tonya Branch, center director, at 526-5596.

Available for rent

The Mayes-Colbert Ettrick Community Building in Ettrick Park, 20400 Laurel Road, is rented on a first-come, first-served basis. An hourly charge will be applied. The 5,000-plus-squarefoot building contains a kitchen, arts-and-crafts room, conference room and a multipurpose room. For more information and rentals, call Tonya Branch at 526-5596.

Fitness and Wellness VideoCise

Do you get bored trying to exercise at home alone and with no exercise equipment? Exercising in a group setting is fun, and social interaction will give you that extra motivational push to keep going. In addition to exercise videos, we will provide mats, handheld weights, exercise bands and weighted exercise bars. So mark it on your calendar, and bring a friend. For ages 18 and older Mondays and Wednesdays, 5:45-6:45 p.m.

May 8-June 14 Free **Course 12202** June 19-July 26 Free **Course 12203** July 31-Aug. 30 Free **Course 12204**

Female Self-Defense and Safety Awareness

Don't be a victim. Learn to protect yourself in dangerous situations. This class will review self-defense techniques, crime prevention and awareness, and empowerment. Advanced registration is required. For ages 18 and older

Thursday, May 25, 7-9 p.m. **Course 12208**

Blood Pressure Checks

Stay in touch with your blood pressure monthly. Please call before attending. This is an ongoing program.

Third Tuesday of each month, 10-10:30 a.m. Free

Older Adults **Big Slammers Bridge Club**

Join this weekly group for an exciting game of duplicate bridge. Beginners are welcome for this ongoing program.

Second and fourth Mondays, 12:30-5 p.m. Free

Details: Dr. Jimmie Battle, 526-7761

Friendship Café

Senior Connections, The Capital Area Agency on Aging's Friendship Café is a gathering place for seniors who are aged 60 and older. A hot midday meal, good friends and diverse activities, including exercise, games, crafts and health education, all help seniors remain connected to the community while meeting their nutritional needs. Prospective participants must complete an application and assessment to determine eligibility for the Friendship Café.

Tuesdays-Thursdays, 9:30 a.m.-1 p.m. Details: Charlene Cole, 343-3029

Directions to the Ettrick Community Building:

FROM RICHMOND, take I-95 south to exit 54 (Temple Avenue). Turn left at stoplight onto Temple Avenue. At second stoplight, turn left onto Route 1/301 (the Boulevard). Turn right (approximately four stoplights) onto Dupuy Avenue. Follow Dupuy Avenue to Dupuy Road, which will be on the right. (Dupuy Road veers to the right at the Liberty gas station.) Take Dupuy Road to Laurel Road. Turn left onto Laurel Road. The Ettrick Park entrance is on your right. Park is located across from the Amtrak Railroad Station.

FROM CHESTER, take Iron Bridge Road west to Lewis Road (Shoosmith), and turn left onto Lewis Road. At the stop sign, take a right onto Bradley Bridge Road, and follow to stop sign. Take a left onto Woodpecker Road and continue until you get to a stop sign. Turn left, staying on Woodpecker Road, and follow around a sharp curve. Just ahead, Woodpecker Road will veer off to the right. Stay on Woodpecker Road until you see Dupuy Road on the left. Take a left onto Dupuy Road, then take a right onto Laurel Road. The Ettrick Park entrance is on the right, across from the Amtrak Railroad Station.

Senior Sittercise

Seated exercise reduces the risk of falling while still ensuring a good workout. This class includes seated, low-impact aerobic arm and leg movements and resistance strength training using balls, bands and light weights. Activities will be performed to music and exercise videos. For ages 50 and older

Tuesdays and Thursdays, 10:30-11:30 a.m.

Free

For more details on Ettrick programs, call Tonya Branch at 526-5596.

Youth And Teen Programs Creative Play

Calling all "mini-Monets" aged 2-6. Meet us at the Ettrick Community Center as we explore your creative side through games and crafts. Learn cooperative play, develop motor skills and make new friends. Each day will include structured group play along with a craft project. Special holiday parties are included to display your child's work. First and third Wednesdays of each month

May 3-August 16, 10:30-11:30 a.m. Free Course 12119

Kickin' Karate for Kids 🖀

This ongoing program for youths aged 7 and older is appropriate for all belt levels, including beginners. Carrie Irving, certified master instructor, will teach self-defense, safety awareness, selfdiscipline, respect and how to avoid dangerous situations. Students may earn achievement awards, such as ribbons, certificates, medals and Student of the Month. Uniforms may be purchased for an additional fee.

Mondays and Wednesdays, 7-8 p.m.

May 8-June 14	\$25	Course 12196
June 26-Aug. 2	\$25	Course 12197
Aug. 7-30	\$25	Course 12198

Tough Tots – Little Dragons Karate Club

Get ready for some kickin' karate, kids style! This program is designed to enhance self-confidence, self-esteem and physical fitness in kids aged 4-6. Carrie Irving, certified master instructor, will teach tots respect, discipline and stranger danger.

Tuesdays, 6-7 p.m.

May 9-June 13	\$20	Course 12199
June 27-Aug. 1	\$20	Course 12200
Aug. 8-29	\$20	Course 12201

Special Open House and Registration Night

Summer fun is just around the corner. Parents and participants can come out to the building to sign up for the Youth and Teen Center. Staff will be available to pass out information packets, answer questions and assist with registrations. All registered participants will receive identification badges. Light refreshments will be served. Registrations will be accepted after this date. Thursday, June 22, 5-6:30 p.m.

"TGI Summer" Ettrick Youth and Teen Center

Socialize, share a laugh and make a new friend. Learn to be part of a team and develop leadership skills. The Ettrick Youth and Teen Center is a place where youngsters aged 9-15 can explore their interests and build new ones. Activities will include billiards, foosball, movies, ice-cream socials, field trips and much more. Mondays-Thursdays, June 26-Aug. 3, 1-5 p.m.

Free (nominal fee for trips) Course 12193

Back-to-School Bingo

Are you ready to go back to school? Join us for an exciting afternoon of bingo and ice cream. Prizes will include cool school supplies to help you prepare for the upcoming school year. Come relax, play bingo for prizes and eat ice cream. For ages 6-12 Wednesday, Aug. 30, 5:30-6:30 p.m. Free Course 12216

Kid's Krafts

This is a time for creative juices to flow. We will provide craft kits for your child to put together. Parents must stay with their children.

Saturdays, 10-11 a.m.

May 20	\$5	Course 12209
Aug. 19	\$5	Course 12210

Mom, Grandma, Auntie and Me

Come on out for a late-afternoon lunch of finger sandwiches, tea, coffee and punch. This is a great time to socialize with other ladies of all ages, from the young to the young at heart. Have your youngster wear their "Sunday best" for a fashion show. Please bring a written description of your child's outfit. For ages 3-8 and adults

Saturday, July 22, 1:30-2:30 p.m. Course 12206 Free Sunday, Aug. 20, 1:30-2:30 p.m. Free **Course 12207**

Movie Matinee

How would you like to see the most recent movies on the market without paying movie-theater prices? Join us at the movies. Bring your friends for a great movie-watching experience. Light refreshments will be served. For ages 10-15 Movie: To Be Decided

Wednesdays, 4:30-6:30 p.m.

Aug. 9 **Course 12214** \$2 Aug. 23 \$2 **Course 12215**

Chill Time

Our game room is open to youths aged 9-15 to enjoy tabletop, board and video games, arts and crafts, and other activities. A teen-center staff member will be available to interact with and supervise youths while they are in the building. For weekly information and more details, please call or stop by. Parents and guardians must complete a registration form for each participant. The program is held throughout the school year. Mondays-Thursdays, 3-5:30 p.m., May 8-June 15 Free

Tutor-to-Student Match

Are you interested in tutoring, but you can't find a student? Or perhaps you are the parent of a student who needs a tutor, but you don't know where to look. Let us help you. Call us and provide information about your child or yourself as a potential tutor. We will compile a resource list to connect tutors with students in the community. We may even be able to provide you with study space.

Details: 526-5596

Community Buildings – Ettrick

For more details on Ettrick programs, call Tonya Branch at 526-5596.

Arts and Crafts Beginners Cross Stitch

Do you want to learn how to cross stitch or work on various projects in a group setting? Come join us for a fun, new experience. All materials will be provided.

Wednesdays, 2-3 p.m. May 3-June 7 \$15 **Course 12120**

Crafty Crafters

It is OK to make a mess in this class. Activities will include a variety of craft kits, painting, collages, sand art and more. Mondays, 10:30-11:30 a.m.

April 24-June 5 \$12 **Course 12122** June 12-July 17 \$12 **Course 12123** July 24-Aug. 28 \$12 **Course 12124**

Ceramic Candle Shade

Decorate a beautiful candle shade.

Friday, Aug. 25, 9 a.m.-1 p.m. \$12.50 Course 12226

Toilet Tissue Cover

Spruce up your bathroom with this summer bouquet. \$12.50 Course 12225 Friday, June 16, 9 a.m.-1 p.m.

Annual Neighborhood Bash

Food, fun and friends! Come celebrate summer at Ettrick Park. There will be music, games, giveaways and a lot more. All ages are welcome.

Saturday, June 17, noon-3 p.m. Free Course 12194

Morning Billiards

Are you a pool shark? Our game room is open weekly for laughs and friendly competition. For ages 25 and older Monday-Thursday, May 1-Aug. 31, 9 a.m.-noon Free **Course 12205**

Beginner Piano

This six-week introductory class will teach students how to identify musical concepts through theory and practice. Using the primer and level-one piano student repertoire book, students will learn note values, time signature, key signature and major scales. One-on-one 30-minute sessions will be held for ages 8 and older. Piano books will be provided. Classes will be taught by Cassandra Farrar, music director at Matoaca Middle School's East Campus. Special registration information will be required.

Mondays, May 8-June 19, 5-7:30 p.m. \$70 **Course 12325** Saturday, May 13-June 24, 9-11:30 a.m. \$70 **Course 12326**

Community Clubs Retirees Club

Are you retired and looking for something to do? Get together with others that are enjoying well-deserved "time off." You can form a new club. Socialize, play games or meet for lunch. The community building could be your meeting place. The time and day of each meeting will be determined by the group.

Expressive Lyricists

Expressing yourself can be so much fun and a stress reliever. If you like to write poetry and would like to share it with others, this is the group for you. Regardless of your age, race or gender, come together and share. We provide the space; you provide the thoughts. The time and day of each meeting will be determined by the group.

Single Parents Club

Are you a single parent who would like to share your experiences with other single parents? Begin your new friendships at the Ettrick Community Building. We will provide the space, and the group will decide the day and time. A meet-and-greet social will be held on Thursday, June 1, 6 p.m., to get the group started. Please feel free to bring your children. Register by Thursday, May 25.

Special Interest **Expressive Movement**

This is open time for persons with disabilities and their care providers to use our resources and equipment for activities. Recreation may include activities such as shuffleboard, bowling, parachute games, exercising and stretching, board games and socializing. Please call one week in advance to register. Mondays, 9:30-10:30 a.m. Free

Creative Bits and Pieces

Get crafty during this specially designed art program for people with disabilities. This program will include painting and crafts designed to increase creativity. Space is limited. Please call one week in advance to register.

Second Wednesday of each month, 11 a.m.-noon

Visit us on the Web at chesterfield.gov.

Free

Community Recreation Programs



Biker Rally

Be part of the annual Biker Rally, and help the Special Olympics Virginia Summer Games. This event is co-sponsored by the Chesterfield County Police Department and the Chesterfield County Sheriff's Office. Rally pins will be given to the first 250 pre-registered participants. The band Alibi will provide musical entertainment after the ride.

County Fairgrounds Exhibition Building, 10300 Courthouse Road Saturday, June 10, Registration begins at 8 a.m.

Riders depart at 11 a.m. Course 11472

Details: Mark Pinney, 748-1992

Baton Twirling

Learn the skill of baton twirling, and make new friends while benefiting from physical fitness and exercise. Recreational and competitive baton twirling for ages 5-18, beginner through advanced levels, will be taught. Training is available for parades, high-school majorettes or competitive solos.

Florettes Majorettes Royalettes Baton Corps Details: Flow Malek, 672-6105 Details: Diane Gunnels, 231-6143

Chesterfield County Choral Society

This co-sponsored group is seeking new members to become a part of their musical organization. The Chesterfield County Choral Society performs for a variety of area musical events, including the James River Parade of Lights. No audition required; all skill levels welcome. Minimum age is 16.

New Covenant Presbyterian Church, 6415 Irongate Drive Tuesdays, 7:30-9:30 p.m.

Details: Steven Price-Gibson, 560-1799

Chesterfield Community Band

Since the fall of 1997, the co-sponsored Chesterfield Community Band has played fine concert music for the residents of the county. This 40-piece, all-volunteer band is a mix of people and professions. From local business owners to retirees, teachers to students aged 16 and older, all are welcome to share the enjoyment of making music. If you are a former band member, even if you are a little rusty, and are interested in becoming a member of this group, call for more information or visit our Web site at ccband.org

The Brandermill Church, 4500 Millridge Parkway

Mondays, 7-9 p.m.

Details: Bobby Coghill, 213-9118

Karate and Self-Defense

Increase your strength, stamina and flexibility through classical Japanese martial-arts training. This ongoing program teaches skills in self-defense and conflict management while developing a "can-do" attitude. This program is open to new students at any time. Registration and payment are made on-site. For ages 10 and older Details: Barry Edelman, 310-2811, or bushin-kan.org

Fencing

Join the Chester Knights Fencing Club. Lessons are taught by experienced instructor Karl Przystawik. Several students have won state and national awards. Continuous classes will be held until the end of the school year. Minimum age is 8. Salem Church Middle School, 9700 Salem Church Road

Mondays, 6:30-8:30 p.m.

Details: Karl Przystawik, 275-0539

Ballroom Dancing

Beginner and experienced dance couples can meet new friends and practice dance steps at the Sophisticats Ballroom Dance Club as they trip the "night" fantastic on the second Friday of each month at Robious Elementary School.

Details: Shirley K. Callahan, 320-2882

Athletes in Motion (AIM USA)

Athletes in Motion is a co-sponsored organization dedicated to providing affordable, quality programs for youths aged 4-15. The selfdefense/safety-awareness program is taught by certified black-belt instructors. Cheerleading prep teaches youths cheers, chants, gymnastics and partner stunts. Registration and payment are made on-site. Weekly classes will be held throughout the county until the end of school year. Details: Jim or Susan Johnson, 403-3902, or AIMUSAINC@aol.com

NEW! The Ruff House Dog Park

Located in the heart of Rockwood Park, The Ruff House Dog Park offers safe, off-leash exercise for dogs and their owners. There is a double-gated entrance to ensure safe arrival and exit. Visitors are expected to use dog scoops and facilities to clean up after their pets. Owners should remain in the park with their animals at all times. The facility has benches, water and close parking. Details: Jessica Sanchez Tucker, 763-4660 or geocities.com/casasoccer2/Ruff_House_Dog_Park.html



Older Adult Programs

For more details on older adult programs, call Judy Jones at 751-4135.

Senior Tennis

This program is for tennis players of all levels aged 55 and older. Meet new tennis partners during weekly play. The activity is ongoing. Previous tennis experience is necessary. Rockwood Park, courts 5-9, 3401 Courthouse Road Mondays, 9-11 a.m. Free

Senior Tennis 2

This program is for tennis players of all levels aged 40 and older. Meet new tennis partners during weekly recreational play. Huguenot Park, courts 1-3 Tuesdays, March 1-Dec. 20, 4:30-6:30 p.m. Free

Senior Golf

This program is for golf players of all levels aged 60 and older. Here is your chance to meet new golf partners during weekly play. Advanced registration is required. Fee includes 18 holes and a cart, and is payable on-site.

Providence Golf Course, 1160 S. Providence Road Wednesdays, April 5-Oct. 25, 8 a.m. Details: Bob Bergin, 794-1097, or Dave Flynn, 272-1712

Seniorcise 22

Stretch, reach and march yourself to a healthier and more fit condition. This upbeat and challenging class is set to music of the 1940s and '50s. Athletic shoes are suggested. Membership is not required. The instructor will be Laura Heidig. American Family Fitness, 9101 Midlothian Turnpike

Mondays and Wednesdays, noon-1 p.m.

June 19-Aug. 23, Register by June 1. \$40 Course 12181

Discover Chesterfield – A Walking Club

This walking program is designed to introduce participants to Chesterfield County parks, open spaces and greenways while they meet new walking partners. Once per month, an organized walk will take place at a different county park, open space or greenway, led by Chesterfield County Parks and Recreation Department staff. Organized walks will be scheduled on the first Tuesday of each month. Call to sign up for the club and receive a detailed schedule.

Tuesdays, 9 a.m. Free

May 2 Harrowgate Park, 4000 Cougar Trail

June 6 Rockwood Park, 3401 Courthouse Road (Meet at Nature Center.)

(Scheduled on Wednesday due to holiday on July 4) July 5 Huguenot Park, 10901 Robious Road (Meet in front of the basketball courts.)

Aug. 3 Harry G. Daniel Park at Iron Bridge, 6600 White Pine Road (Meet at Shelter 2.)

Details: Judy Jones, 751-4135

Look for the phone symbol

Whenever you see this symbol next to a program, it indicates that you can use our easy, Touch-Tone Registration process. See Page 29 for details.

Get in the Know

This is a monthly program designed for adults aged 55 and older. Learn, explore, recreate and educate. This program is made possible by the cooperative efforts of the Chesterfield County Parks and Recreation Department, Chesterfield County Public Library and Friends of the Chesterfield County Public Library.

LaPrade Library, 9000 Hull Street Road

First Thursday of each month, 10:30 a.m.-noon, Free Details: Judy Jones, 751-4135, or Evelyn Dawson, 276-7755

Thursday, May 4, Container Gardening

Join Master Gardner Lillian Umphlett as she teaches you to grow plants in various types of containers.

Thursday, June 1, Pamplin Historical Park & The National Museum of the Civil War Soldier

Featured on the Travel Channel as one of Virginia's Best Places to Visit, Pamplin Historical Park is the perfect combination of hightech museum and hands-on experiences. Its 422-acre campus features four world-class museums, three antebellum homes and costumed living-history demonstrators. Learn about this international treasure located near Petersburg from Allan Altholz, director of marketing and membership services.

Chester Library, 11800 Centre St.

Third Tuesday of each month, 10:30 a.m.-noon, Free Details: Judy Jones, 751-4135, or Pam Bachman, 748-6314

Tuesday, May 16, Container Gardening

Join Master Gardner Lillian Umphlett as she teaches you to grow plants in various types of containers.

Tuesday, June 20, Virginia's Classical Capital: Past, Present and Future Learn about the great people and events associated with Richmond's irreplaceable 1788 Capitol and the challenge of renewing this treasured building.

Midlothian Library, 521 Coalfield Road.

Second Wednesday of each month, 10:30 a.m.-noon, Free Details: Judy Jones, 751-4135, or Jennifer Shepley, 794-7907

Wednesday, May 10, Virginia Taverns, Ordinaries and Coffee Houses Dr. Agnes Gish has spent more than 20 years researching taverns, ordinaries and coffee houses in Virginia. Come hear brief vignettes on these public and private houses of entertainment.

Wednesday, June 14, Container Gardening

Join Master Gardner Susan Nienow as she teaches you to grow plants in various types of containers.

Older Adult Programs

For more details on older adult programs, call Judy Jones at 751-4135.

Ampthill Senior Programs

The programs listed below highlight activities taking place at Ampthill Presbyterian Church, 2800 Falling Creek Ave., from May through August. These programs are made possible by the cooperative effort of Chesterfield County and funding from a Community Development Block Grant.

Details: Judy Jones, 751-4135

Low-Impact Aerobic for Seniors

This aerobic workout will include exercises and basic steps set to music. The class will include a low-impact cardiovascular workout with warm-up and cool-down exercises. Some strength training and stretching will be included. The instructor will be Catherine DeSouza.

Classes will be held 9-10 a.m.

Session 1

Session 1		
Mondays, May 1-June 19,	\$14	Course 12217
(Not held on May 29)		
Thursdays, May 4-June 22	\$16	Course 12218
Session 2		
Mondays, June 26-Aug. 21	\$14	Course 12119
(Not held July 17 and Aug. 14)		
Thursdays, June 29-Aug. 24	\$14	Course 12220
(Not held July 20 and Aug. 17)		

Crafts

Have fun while creating a new craft. Fee includes instruction and all supplies.

Cat Eyes 2

Cat eyes will be painted on a chip-wood box and gift bag. Friday, May 26, 9 a.m.-1 p.m. \$15 **Course 12230**

Red Hat Society 2

Make hat and purse ornaments from the Red Hat Society. How

Friday, July 28, 9 a.m.-1 p.m. \$15 **Course 12232**

Introduction to Yoga

This course is appropriate for students of all fitness levels. It will incorporate easy postures, deep relaxation, breathing practices, and meditation to help reduce stress and improve mental and physical balance, strength and flexibility, and increase your sense of wellbeing. The Certified Integral Yoga instructor will be Catherine DeSouza.

Classes will be held 10:15-11:15 a.m.

Mondays, May 1-June 19 (Not held May 29)	\$14	Course 12221
Thursdays, May 4-June 22	\$16	Course 12222
Mondays, June 25-Aug. 21	\$14	Course 12223
(Not held July 17 and Aug. 14)		
Thursdays, June 29-Aug. 24	\$14	Course 12224
(Not held July 20 and Aug. 17)		

Additional Senior Opportunities and Events

Transportation Available – Access Chesterfield

Access Chesterfield provides transportation services for any Chesterfield County resident who is disabled, aged 60 or older, or who meets federal income guidelines. Details: 279-8489

Lifelong Learning Institute

Imagine a learning environment for retirees where the goal is intellectual stimulation with a dose of fun. Homework is optional, and exams are prohibited. Take college-level courses for no credit. To be on the mailing list, or to teach, contact Debbie Leidheiser at Brandermill Woods, 521-8282, or dleidheiser@brandermillwoods.com.

Senior Center of Richmond at Chesterfield

Programs offered at the Senior Center include dance, language classes, card and game groups, health and fitness opportunities, special events and trips.

The Featherstone Professional Center, Huguenot Road Mondays-Fridays, 9 a.m.-4:30 p.m., some evenings Details: 594-2339

Virginia Senior Games

Senior adult, aged 50 and older will gather May 11-14 in Virginia Beach for competitions in a variety of sports including archery, three on three basketball, tennis, race walking, golf, horseshoes, swimming, volleyball and more. For a complete registration packet, please call the Virginia Recreation and Parks Society at 730-9447.

TRIAD/Seniors and Law Enforcement Together

TRIAD is a cooperative effort between the Chesterfield County Police Department, Chesterfield County Sheriff's Office and seniors committed to enhancing the quality of life and reducing crime against senior citizens. Meetings are held the third Thursday of each month.

TRIAD Senior Day

Chesterfield County's TRIAD Senior Day is an opportunity for senior adults to visit with more than 50 businesses and nonprofit agencies to learn about opportunities and services to make life safe, active and more enjoyable. Enjoy entertainment, informational booths and door prizes. Join us at our new location. Wednesday, May 3, 9 a.m.-1 p.m.

Victory Tabernacle, 11700 Genito Road Free

We like to hear from you.

Contact us at parksrec@chesterfield.gov.

Older Adult Programs

For more details on older adult programs, call Judy Jones at 751-4135.

The Chesterfield Traveler – 2006

Trips for adults aged 50 and older Details: Judy Jones, 751-4135

Adventures in Chincoteague

Travel to Chincoteague Island for an overnight stay on one of the most beautiful islands on Virginia's Eastern Shore. A special tour guide will join us for a two-day look at the island. Visit the Barrier Island Center, Blue Crab Bay Company, Chincoteague National Wildlife Refuge and Assateague Island National Seashore, including the Assateague Lighthouse and Bateman Center. Fee includes transportation, professional guide service, one breakfast, two lunches, one dinner, all admissions, taxes, gratuities and baggage handling for one bag.

Thursday and Friday, June 15 and 16 **Course 12017**

Single: \$317 Double: \$260 Triple: \$241 Quad: \$231

Pickup: Breckenridge Square, 6:30 a.m. Return: 7:30 p.m.

Pickup: Beaufont Mall, 7 a.m. Return: 7 p.m.

\$50 deposit due at registration to reserve your space.

Balance due in full by May 12.

"The Music Man" at Riverside Dinner Theatre

Travel to Fredericksburg to see "The Music Man," one of the most loving and beloved celebrations of Americana to ever grace the stage. Hits songs from this musical include "Seventy-six Trombones" and "Ya Got Trouble." Fee includes transportation, performance, lunch, all taxes and gratuities.

Wednesday, July 26 **Course 12418**

Pickup: Breckenridge Square, 10 a.m. Return: 6:30 p.m.

Pickup: Beaufont Mall, 10:30 a.m. Return: 6 p.m.

Register by July 12.

Carl Hurley – America's Funniest Professor

Travel to Charlottesville for a hilarious, fun-filled comedic performance by Carl Hurley, known to many for his appearances on the The Nashville Network, ABC Family and many television specials. The beautiful, talented and hilarious Jeanne Robertson, Miss North Carolina 1963, also will perform. She will have you laughing as she relates original stories based on her life experiences. After the show, enjoy an early dinner at one of Charlottesville's premier restaurants, the Hardware Store Restaurant. Choose from a roast-beef or turkey-breast dinner. Indicate dinner selection when you register. Fee includes transportation, performance, dinner, all taxes and gratuities. Tuesday, Sept. 12 Course 12421

Pickup: Breckenridge Square, 11:30 a.m. Return: 8:30 p.m.

Pickup: Beaufont Mall, noon Return: 8 p.m.

Register by Aug. 17.

Winchester, Virginia: Where the Shenandoah Valley Begins - Patsy Cline Tour

Begin the day with a tour of the newly opened Museum of the Shenandoah Valley, a museum dedicated to the art, history and culture of the Shenandoah Valley. Included are a guided tour through the Glen Burnie Historic House and time on your own to see six acres of spectacular gardens. Following lunch at a quaint popular restaurant, a step-on guide will board the coach for a Patsy Cline and Country Roads Riding Tour of Winchester. Fee includes transportation, admission to museum and Glen Burnie House, lunch, guided riding tour, all taxes and gratuities. Wednesday, Oct. 18 Course 12422

Pickup: Breckenridge Square, 6:15 a.m. Return: 7:15 p.m.

Pickup: Beaufont Mall, 6:45 a.m. Return: 7:15 p.m.

Register by Sept. 26.

"Cats" at the Riverside Dinner Theatre

Winner of the 1983 Tony for best musical, "Cats" was the longest-running show on Broadway. Today, this show continues to charm audiences with spectacular choreography and songs by Andrew Lloyd Webber. En route to Riverside, a stop will be made at the popular Russell Stover Candy Outlet for that perfect stocking stuffer. Fee includes transportation, performance, lunch, all taxes and gratuities.

Course 12423 Wednesday, Nov. 15

Pickup: Breckenridge Square, 9:45 a.m. Return: 6:30 p.m.

Pickup: Beaufont Mall, 10:15 a.m. Return: 6 p.m.

Register by Oct. 24.

A Holiday Festival with the U.S. Army Orchestra

Enjoy a joyous holiday concert at Washington's DAR Constitution Hall. This very special holiday festival is performed by the U.S. Army Orchestra, Pershing's Own. Joining the 48-piece orchestra will be the Army Herald Trumpets, Army Chorus, Army Choral and a special visit from Santa Claus. A special guest artist also will perform with the orchestra. Enjoy a lunch of either chicken breast cordon blue, London broil or vegetable pasta at Clude's Restaurant in Georgetown. Indicate your lunch choice when you register. Fee includes transportation, performance, lunch, all taxes and gratuities.

Saturday, Dec. 9 Course 12420

Pickup: Breckenridge Square, 8:30 a.m. Return: 7:30 p.m.

Pickup: Beaufont Mall, 9 a.m. Return: 7 p.m.

Register by Nov. 10.

Outdoor Adventure Programs

For more details on outdoor adventure programs, call Greg Velzy at 748-1124. Please register at least one week prior to each activity.

Water Adventures **Kayak – Beginning Whitewater**

Spend day one on flat water learning kayak safety, technique and control. Day two is a whitewater river trip to introduce river reading and running and refine skills. Swimming ability is required. Rental includes kayak, paddle, spray skirt, personal floatation device and helmet. Minimum age is 13.

Dutch Gap Conservation Area, 513 Coxendale Road

Saturday-Sunday, 9 a.m.-4 p.m.

June 3-4	\$90 (\$110 with rental)	Course 12049
June 17-18	\$90 (\$110 with rental)	Course 12050
July 1-2	\$90 (\$110 with rental)	Course 12051
July 15-16	\$90 (\$110 with rental)	Course 12052
Aug. 12-13	\$90 (\$110 with rental)	Course 12053
Sept. 9-10	\$90 (\$110 with rental)	Course 12054
Sept. 16-17	\$90 (\$110 with rental)	Course 10255

Kayak – Beginning Whitewater Saturday Special

This is the same course as our Saturday/Sunday format, but spread over two Saturdays for those who have Sunday obligations, or just want to rest between days. See the above description of Beginner Whitewater Kayaking for information.

Dutch Gap Conservation Area, 513 Coxendale Road Saturday, May 13 and 20

9 a.m.-4 p.m. \$90 (\$110 with rental) Course 11960

Kayak – Whitewater Quick Trip

Don't have the entire day to paddle? The emphasis of this half-day trip will be on running the river with minimal instruction due to the short duration. Previous two-day whitewater kayak class is required. Rental includes the five essentials. Swimming ability is required. Minimum age is 13.

Iames River Park System

Saturday, April 29, 8 a.mnoon	\$35 (\$40 with rental)	Course 11961
Sunday, May 21, 8 a.mnoon	\$35 (\$40 with rental)	Course 11962
Saturday, June 11, 8 a.mnoon	\$35 (\$40 with rental)	Course 12312
Saturday, July 8, 8 a.mnoon	\$35 (\$40 with rental)	Course 12313
Sunday, Aug.20, 8 a.mnoon	\$35 (\$40 with rental)	Course 12314

Kayak Play Days

This after-work informal instructional time is for new whitewater kayakers (especially those without a boat) who wish to get time on the water. Instructors will answer questions and give pointers. There will be no structured class. Sessions will be held at Pony Pasture. No downriver runs will be made. Previous two-day whitewater kayak class is required. All equipment will be provided. Minimum age is 13 years old.

Pony Pasture, James River Park System

1 only 1 docume, junior 1 diver 1 din e jocenn		
Wednesday, May 10, 6-8:30 p.m.	\$15	Course 11963
Wednesday, May 24, 6-8:30 p.m.	\$15	Course 11964
Wednesday, June 14, 6-8:30 p.m.	\$15	Course 11965
Wednesday, June 28, 6-8:30 p.m.	\$15	Course 11966
Wednesday, July 12, 6-8:30 p.m.	\$15	Course 11967
Wednesday, July 26, 6-8:30 p.m.	\$15	Course 11968

Wednesday, Aug. 9, 6-8:30 p.m.	\$15	Course 11969
Wednesday, Aug. 23, 6-8:30 p.m.	\$15	Course 11970
Wednesday, Sept. 13, 5-7:30 p.m.	\$15	Course 11971
Wednesday, Sept. 27, 5-7:30 p.m.	\$15	Course 11972

Intro to Touring Kayak

This class is designed to teach the basics of flat-water kayaking. The class covers entries, exits, strokes, safety and the equipment needed to start kayaking. An optional tour of the Dutch Gap Conservation Area is included. Rental includes kayak and all equipment. Swimming ability is required. Minimum age is 11. Youths aged 11-14 must be accompanied by an actively participating

Dutch Gap Conservation Area,	513 Coxendale Road
Saturday, May 20, 9 a.m4 p.m.	\$49 (\$55 with rental) Course 11980
Saturday, June 3, 9 a.m4 p.m.	\$49 (\$55 with rental) Course 12315
Sunday, June 11, 9 a.m4 p.m.	\$49 (\$55 with rental) Course 12316
Saturday, June 24, 9 a.m4 p.m.	\$49 (\$55 with rental) Course 12317
Sunday, July 2, 9 a.m4 p.m.	\$49 (\$55 with rental) Course 12318
Saturday, July 15, 9 a.m4 p.m.	\$49 (\$55 with rental) Course 12319
Sunday, July 30, 9 a.m4 p.m.	\$49 (\$55 with rental) Course 12320
Sunday, Aug. 13, 9 a.m4 p.m.	\$49 (\$55 with rental) Course 12321
Saturday, Sept. 9, 9 a.m4 p.m.	\$49 (\$55 with rental) Course 12322

Touring Kayak – Plantation Paddle

See history from a new perspective by paddling in sea kayaks to view and tour some of the area's finest plantations. Start with a tour of Berkeley Plantation. Next, paddle down the James River to tour Westover Plantation and end the trip by paddling to Evelynton Plantation for a tour. Fee includes guides, boat shuttle and plantation-tour fees. Bring a lunch. Swimming ability and previous kayaking experience are required. Minimum age is 15. Shirley Plantation, 501 Shirley Plantation Road, Charles City Saturday, Aug. 19, 8:30 a.m.-5 p.m.

\$55 (\$61 with rental) Course 12323

Touring Kayak – Lighthouse Paddle

Launch your kayak from the southern tip of Mathews County. Next, stop at a sandy island for lunch and exploration, then continue your paddle to New Point Comfort Lighthouse, the third oldest lighthouse on the Chesapeake Bay. Paddling destination may change due to weather or water conditions. Minimum age is 13. Youths aged 13-15 must be accompanied by an actively participating adult. Formal kayak instruction is strongly recommended. Transportation to Mathews County is not included. Register by Aug. 1.

Hardee's in Mathews (Directions will be provided.)

Saturday, Aug. 12, 9 a.m.-3 p.m.

\$50 (\$55 with kayak rental) Course 12167

Details: Mark Battista, 706-9690

Outdoor Adventure Programs

For more details on outdoor adventure programs, call Greg Velzy at 748-1124. Please register at least one week prior to each activity.

Canoeing

Intro to River Canoeing - Level 1

This introduction to river canoeing teaches proper strokes, river reading and how to use the current to your advantage. Swimming ability and previous canoeing experience are required. Minimum age is 11. Participants aged 11-14 must be accompanied by an actively participating adult.

James River Park System

\$35 adults; \$15 11-14 years; \$5 per person equipment rental fee Saturday, July 29, 9 a.m.-4 p.m. Course 12331

River Rescue - For Paddlers

Learn the basic river-rescue skills that every paddler should know. Day one will be an introduction to whitewater safety that will include swift-water wading, swimming, throw ropes and selfrescues. Day two will cover boat rescues and strainer drills. Swimming and paddling ability are required. Life jackets and helmets also are required and can be supplied if needed. Wet suits are recommended. Minimum age is 13.

James River Park System

Saturday-Sunday, Aug. 5-6, 9 a.m.-5 p.m. \$40 Course 12333

Day of Sailing

Bring a picnic lunch and board a cruising sailboat for a day of sailing on the Chesapeake Bay. This is a great experience for people who would like to try sailing for the first time or for people who have had instruction and would like more practice. Transportation to the marina is on your own (directions provided). Minimum age is 13.

Deltaville

Beltavine		
Saturday, May 6, 9 a.m4 p.m.	\$50	Course 11988
Sunday, May 21, 9 a.m4 p.m.	\$50	Course 11989
Sunday, June 4, 9 a.m4 p.m.	\$50	Course 12339
Saturday, July 22, 9 a.m4 p.m.	\$50	Course 12340
Sunday, Aug. 6, 9 a.m4 p.m.	\$50	Course 12341
Saturday, Sept. 23, 9 a.m4 p.m.	\$50	Course 12342

Learning to Sail

This course offers you seven hours of intensive on-the-water instruction, including boat rigging, basic knot tying, maneuvering under sail and power, basic piloting and rigging for heavy wind. You will not just be told how to do these, but will get to do them. The purpose of this class is to raise your skill and confidence levels so that, if you wish, you can one day pilot your own boat. No previous experience is needed. Swimming ability is required. Minimum age is 15. Participants will be responsible for their own transportation to the marina.

Deltaville

Bertavine		
Saturday, May 13, 9 a.m4 p.m.	\$70	Course 11991
Saturday, June 24, 9 a.m4 p.m.	\$70	Course 12343
Sunday, July 16, 9 a.m4 p.m.	\$70	Course 12344
Saturday, Aug. 19, 9 a.m4 p.m.	\$70	Course 12345
Sunday, Sept. 10, 9 a.m4 p.m.	\$70	Course 12346

GPS & Navigation for Power Boaters

Both manual plotting and and Global Positioning System, or GPS operation will be covered in this course. Learn how to read nautical charts, recognize and use navigational buoys and markers, and use a nautical compass. The course requires two four-hour sessions. The \$40 fee includes a textbook that can be shared by family members. This course is sponsored by the Richmond Sail and Power Squadron. For ages 14 and older Rockwood Nature Center, 3401 Courthouse Road Saturday, June 3-10, 8 a.m.-noon \$40/\$7.50 each additional family member Course 12354

Power Boating Safety and Seamanship

This is a classroom course on power-boating skills, safety and regulations. Completion may qualify you for lower boat-insurance fees. This course meets the requirements for jet-ski operators aged 14-15. The \$25 fee includes a textbook that can be shared by family members. This course is sponsored by the Richmond Sail and Power Squadron.

Rockwood Park, 3401 Courthouse Road Saturday, May 20, 8 a.m.-5 p.m. \$25/\$7.50 each additional family member

Course 12349

Fishing – Beginner Freshwater

Participants will learn the basics of fishing, including how to identify different types of fish, cast, read local waters, tie knots, and rig and select artificial lures. Class meets for a two-hour evening course and a fishing trip. All equipment is provided. Minimum age is 8.

Parks and Recreation Administration Building, 6801 Mimms Loop Class: Tuesday, May 9, 6:30-8:30 p.m.

Trip: Saturday, May 13, 8 a.m.-1 p.m.

\$25 adults; \$15 youths Course 11985

Virginia Boat Club

This co-sponsored group provides recreational and competitive rowing to the community and high-schools students. Eight-man and four-man sweep-rowing instruction is offered.

Details: Henry Holswade, 320-2984

Chesterfield Junior Bassmasters Club

This club for children aged 7-17 provides workshops on how to fish, conservation, biology of fish and lure making, as well as the opportunity to participate in fishing tournaments.

Details: Tim Mick, 526-6968

Outdoor Adventure Programs

For more details on outdoor adventure programs, call Greg Velzy at 748-1124. Please register at least one week prior to each activity.

Chesterfield Challenge Course

Bring your group, organization, company, class, co-workers or Scout troop to the Challenge Course. The course consists of high and low elements designed to promote initiative and confidence, as well as strengthen group dynamics, communication and willingness to work together. Brochures are available upon request. Details: Jan Olsen, 751-4133

Learn to Rock Climb

This course begins with an evening ground-school session to introduce the equipment and knots and cover trip logistics. This will be followed by a day of climbing at Great Falls on the Potomac River. All climbing equipment is provided, including shoes. Transportation to site will not be included. Minimum age is 13.

Rockwood Park, 3401 Courthouse Road Class: Thursday, May 18, 6:30-8:30 p.m.

Trip: Sunday, May 21, 6 a.m.-6 p.m.

\$40 **Course 12330**

Rock Climbing – After-Work Climb Time 🖀

This course is for those who have previous climbing experience and want to practice their techniques. Equipment will be provided, and ropes will be set. Instructors will be on-site to supervise, give pointers and help belay, but there will be no formal instruction. Minimum age is 13.

James River Park System Tuesdays, 6-8:30 p.m.

May 2	\$12	Course 11987
June 6	\$12	Course 12334
July 6	\$12	Course 12335
Aug. 3	\$12	Course 12336
Sept. 7	\$12	Course 12337

Register early See Page 31 for easy ways to register.

Programs fill quickly

Nature Programs - Rockwood

For more details on these nature programs, call 674-1629.

Rockwood Nature Center

Come visit our live snake and turtle exhibits, and explore the forest, pond, marsh and swamp. Listen for the banjo calls of green frogs or the deep voice of a bullfrog living in Gotwals Memorial Pond. Visit our Children's Corner, and learn about the plants and animals that live in the park.

Location: Rockwood Park 3401 Courthouse Road

Hours: April-October: Saturday and Sunday, noon-5 p.m. Summer hours: Tuesday-Sunday, noon-5 p.m., and Friday, noon-8 p.m.; closed Monday

Volunteers for Nature: Adults and teens are needed to staff the Nature Center, monitor trails, and assist with programs and special events.

Attention Educators: Come experience Rockwood Nature Center's many educational programs designed to correspond with science Standards of Learning.

For more information, call the Nature Center at 674-1629.

Rockwood Night Hike

See and hear Rockwood Park after dark. We will discuss night owls and look for bats. We will take a hike through the forest with flashlights in hand and ears peeled for nocturnal activity. Bring a flashlight, and wear sturdy shoes. Children aged 6 and older must be accompanied by an adult. All participants should register at least one week in advance.

Sunday, July 16, 8:30-9:30 p.m. **Course 12370**

Rockwood Junior Naturalist Day Camp

Join us for a day of exploring Rockwood Park. We will meet several of our local reptiles, amphibians and forest creatures. You will learn how to identify several examples of our local plants, trees, birds and animals. At the end of the day, you will receive the honorary degree of Rockwood Junior Naturalist. Bring your lunch and a water bottle, and wear sturdy shoes and socks.

Section one: Ages 6-8

Saturday, July 29, 10 a.m.-3 p.m. **Course 12383**

Section two: Ages 9-11

Saturday, Aug. 5, 10 a.m.-3 p.m. \$25 **Course 12382**

Nature Programs - Rockwood

For more details on these nature programs, call 674-1629.

Exploring Nature With Small Hands

This series is an introductory look at nature for 3- and 4-year-olds. These programs usually will include a short story and simple craft. A parent or appointed adult guardian must accompany each child, but only the child needs to be registered. To register, call 748-1623. The cost is \$4 per child.

Thursdays, 10-11 a.m.

Who Lives in Our Pond?

Preschoolers will be introduced to different types of pond animals as they observe the nature center's residents.

June 1 Course 12363

A Preschooler's First Look at Reptiles 22

Preschoolers will discover which animals are called reptiles. Course 12364 June 8

Let's Go Camping!

Join us as we take a pretend camping trip at the nature center. June 15 Course 12365

Bugs, Bugs, Bugs!

We will take a short hike to discover where bugs live. Are there good and bad bugs?

Course 12366 July 6

What's That Buzzing?

Why should we protect bees? How can we protect ourselves from their stings?

July 20 Course 12367

How Does a Plant Grow?

We will discover how a tiny seed can become a plant. We will plant our own seeds to take home.

July 27 Course 12369

A Preschooler's First Scavenger Hunt

Let's have fun learning the letters of the alphabet as we hunt for nature things.

Aug. 10 Course 12371

Who Lives Underground?

We will explore and discover what really is in the ground as we take a short nature hike.

Course 12376 Aug. 17

Who Lives in a Tree?

Come explore with us as we learn to use binoculars on a short nature trail.

Course 12377 Aug. 24

Preschooler Scavenger Hunts

We will hunt for nature things as we hike through the forest of Rockwood Park.

Saturdays, 10-11 a.m., \$4

May 6 Course 12412 June 3 Course 12413 July 1 Course 12415 Aug. 5 **Course 12416**

Sunday Afternoon in the Park Series

All participants must register at least one week in advance. The cost is \$4 per child. Sundays, 2-3 p.m.

Wildflowers 🕿

This program is designed for for girls aged 7-11 who love nature and are accompanied by a supportive female adult, family member or friend.

May 7 **Course 12379**

Walk in the Woods with a Naturalist

Join a naturalist or two on a guided walk through the park. Bring your curiosity and a water bottle, and wear sturdy shoes. For ages 6 and older

Course 12378 May 21

A Child's First Look at Snakes

Three gentle non-venomous local snakes will be introduced in this program for 3- and 4-year-olds. A parent must accompany each child. This program is for children aged 3 and 4 only. June 4 Course 12368

A Summer Scavenger Hunt

With a nature grocery list in hand, you will investigate the forest's sights and sounds. For ages 6 and over, accompanied by an adult **Course 12374** June 11

Cool Off in the Pond

Come and cool off in Rockwood's creek beds and Gregory's Pond with us (ankle deep of course). Please wear clothes and closed-toe shoes (avoid sandals) that can get wet and dirty. Bring sharp eyes and a water bottle. For ages 6 and older June 25 Course 12381

Snakes for the Whole Family

Learn the differences between the venomous and non-venomous snakes of Virginia. For ages 5 and older July 9 **Course 12328**

Pet Care and Responsibilities

We will discuss the responsibilities of pet ownership. Individuals with severe pet allergies should refrain from registering. For ages 6 and older

July 23 **Course 12372**

A Guided Dog Hike

This is a hike for dogs and their families. Dogs must be up-to-date on vaccinations and must get along well with other dogs. Bring your handler and your leash. Please bring a water bottle for you and your companion. We plan to end with socialization in our new dog park. For handlers aged 9 and older and dog of all ages. July 30 **Course 12373**

Creating Nature Crafts

Join us and learn how to make some of our favorite nature crafts. For everyone aged 5 and over

Aug. 6 **Course 12384**

Nature Programs - Dutch Gap

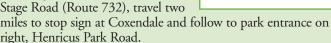
For more details on these nature programs, call Mark Battista at 706-9690.

Dutch Gap Conservation Area

The 809-acre conservation area features bottomland forest, tidal and non-tidal marshes, a fresh water pond, meadows, a tidal lagoon, trails for hiking and biking, and scenic areas for fishing.

Hours: 8 a.m.-5:30 p.m. (November through March); 8 a.m.-8:30 p.m. (April through October)

Directions: From I-95, take exit 61 (Route 10, Hopewell) east to first traffic signal. Turn left onto Old



Details: Noel Losen, 748-1129, or Mark Battista, 706-9690



Attention moms and dads: Bring your kids (minimum age is 8) to the Dutch Gap Conservation Area to experience paddling. Canoes and sit-on-top kayaks are available. This program will review basic paddling skills and provide a chance to paddle and explore the tidal lagoon. An adult must accompany and participate with each child. Paddling time is approximately two hours. Register at least one week before program.

Program takes place at Dutch Gap Conservation Area. \$10 per person

Trip 1: Graveyard Paddle

Paddle to the old sunken tugboat and the "skeleton" of wooden barges. Bring a snack and drink.

Friday, June 30; 8-11 a.m.

Course 12112

CONSERVATION

AREA

Trip 2: Island Paddle

Visit the various islands in the lagoon. What do the islands reveal about history and wildlife? Bring a lunch and drink.

Tuesday, July 18; 10 a.m.-1 p.m. Course 12114

Trip 3: Graveyard Paddle

Paddle to the old sunken tugboat and the "skeleton" of wooden barges. Bring a snack and drink.

Tuesday, Aug. 1; 8:30-11:30 a.m.

Course 12113

Trip 4: Wetlands Discovery Paddle

Start at the peninsula, then paddle across the lagoon and into the tidal wetlands. Discover the purple of the pickerelweed and the giant leaves of the American lotus. Bring a snack and drink. Tuesday, Aug. 15; 8:30-11:30 a.m. Course 12116

Trip 5: Island Paddle

Visit the various islands in the lagoon. What do the islands reveal about history and wildlife? Bring a snack and drink.

Wednesday, August 30; 8-11 a.m. **Course 12115**

Dawn Discoveries

Start your morning at the Dutch Gap Conservation Area, and join the naturalist to explore the forest, wetlands, meadows, lagoon, vernal pool or river. All programs are \$4 per child and begin at 8:30 a.m. at the Henricus Visitors Center. Parents attend free. Unless noted, all programs are about 90 minutes in length and are for children aged 5-12. Register at least one week before program.

NEW) June 28 – Great Blues and Bald Eagles

Search the wetlands for the great blue heron. Look atop the cattails for the redwing blackbird. Check out the nests for an osprey. And if you're lucky, you could see a bald eagle overhead.

Course 12091

VEW July 12 – Biking Dutch Gap

Bring your fat-tire bike (hybrid or mountain bike) to Dutch Gap to peddle through and explore the conservation area. Find out how the lagoon was created and where the Virginia Navy was sunk. Stop at the desert to search for fence lizards and at the peninsula for a snack. This is an easy eight-mile ride appropriate for bike trailers. This program will last about three hours. Participants must bring their own bikes, water and snack. Helmets are required.

Course 12092

VEW July 19 – Hidden Treasures

Use a map and compass to explore and find nature's treasures. Kids will ramble along the River or Dutch Gap trails to locate hidden treasures. This program will introduce kids to basic map reading and compass skills.

Course 12093

July 26 – Hip Boot Hike

Put on your hip boots, waders or muckers, and join the naturalist for a hike where "no man has gone before." We will explore the watery world of river edges, marsh, swamp or vernal pool. Boots should be at least shin-high. For ages 7-12

Course 12094

Aug. 2 - Wildlife Detectives

Are you a wildlife detective? Sleuth along the boardwalk and find artifacts and other clues to guess the identity of some wetland creatures. For ages 9-12

Course 12095

Aug. 9 - The Wonderful World of Bugs

Bugs are everywhere! Look under logs and leaves, in the water and inside plants to find the wonderful world of bugs.

Course 12096

Aug. 23 – Lagoon Boat Tour

Take a cruise to discover the tidal lagoon. Discover wildlife that lives in the lagoon, and visit the graveyard. Parents/adults must supply personal floatation devices for children weighing less than 50 pounds.

Course 12097

Private Canoe/Kayak Tours

Enlist the naturalist for a private nature tour to discover and explore the Dutch Gap Conservation Area. All trips include canoe and/or sit-on-top kayaks, paddles, personal flotation devices, basic paddling instructions and guided tour. Tours can accommodate an individual, couples or groups of up to 14. For more information and to schedule a tour, call Mark Battista, 706-9690.

Nature Programs – Dutch Gap

For more details on these nature programs, call Mark Battista at 706-9690.

Tidewater Paddling Explorations

Join the naturalist staff to paddle and explore the natural and cultural history of the Tidewater region. All trips are suitable for all skill levels and include transportation, canoes or kayaks, life vests, paddles, paddling instructions and guides. Unless noted, minimum age is 8. Adults must accompany children aged 8-14. Register at least one week before program.

Wetlands Paddle 🎏

Start your trip at the peninsula in the Dutch Gap Conservation Area. Paddle across the tidal lagoon and down the oxbow channel. Next, portage your boat an easy 50 feet, then paddle with the high tide into the tidal marsh. Search for ospreys, herons and egrets. Observe the pickerelweed, swamp rose and American lotus. Paddling time is approximately three hours.

Henricus Park Visitors Center, 251 Henricus Park Road

Trip 1: Saturday, June 17; 8 a.m.-Noon \$15 Course 12106

Trip 2: Saturday, July 15; 7-11 a.m. \$15 **Course 12107**

Tidal Lagoon Paddle

Paddle with the naturalist to discover and explore the Dutch Gap Conservation Area. Paddle to the graveyard, islands and the labyrinth. Search for great blues, bald eagles, ospreys and other denizens of the tidal lagoon. Paddling time is approximately two

Henricus Historical Park Visitors Center, 251 Henricus Park Road Trip 1: Saturday, July 1, 8-11 a.m. \$10 Course 12109 Trip 2: Saturday, July 29, 7:30-10:30 a.m. \$10 Course 12110

Dolphin Paddle

Head down to Sandbridge on the Atlantic Ocean to paddle with dolphins. This trip will use tandem sit-on-top kayaks that are easy to use. Observe and learn about dolphins and the marine environment, and even get a chance to surf the waves on your kayak. In the event of strong winds and/or high surf, the trip will be relocated to Back Bay. Minimum age is 12. Paddling time is approximately three hours. Transportation is not provided for this program. Participants must provide transportation to Sandbridge. Maps and directions will be provided.

Ocean Rentals, 577 Sandbridge Road

Saturday, July 1, 10 a.m.-2:30 p.m. \$25 Course 12117 Register by July 1.

Lagoon and Oxbow Boat Tour

Take a cruise on our new pontoon boat to explore the tidal lagoon and oxbow. Search for bald eagles and ospreys, find out how the islands were made, visit the graveyard and cruise into the oxbow. Parents/adults must supply personal floatation devices for children under 50 pounds. Adults must accompany children aged 14 and younger. Register at least one week before program.

Henricus Historical Park Visitors Center, 251 Henricus Park Road

Trip 1: Tuesday, June 27, 8-9:30 a.m. **Course 12098** Trip 2: Friday, July 14, 8-9:30 a.m. Course 12099 Trip 3: Wednesday, July 19, 11 a.m.-12:30 p.m. \$4 **Course 12100** Course 12101

Trip 4: Wednesday, Aug. 2, 11 a.m.-12:30 p.m. \$4 **Course 12102** Trip 5: Wednesday, Aug. 16 10-11:30a.m. \$4

Back Bay Wilderness Paddle

Paddle into the wilderness-like setting of the Back Bay National Wildlife Refuge. The refuge is home to many wetland species, including otters, minks, muskrats and bald eagles. The paddle starts in a swamp environment, then enters a marsh and ends in the expansive Back Bay. Common wildlife encounters include ospreys, kingfishers, herons, basking turtles and snakes. Paddling time is approximately three hours. Transportation is not provided for this program. Participants must provide transportation to Sandbridge. Maps and directions will be provided.

Ocean Rentals, 577 Sandbridge Road

Saturday, Aug. 5, 10:30 a.m.-2:30 p.m. \$25 **Course 12118**

Morning Paddle in the Tidal Lagoon

Start your morning by paddling the Dutch Gap Conservation Area. Visit the graveyard, cypress grove, oxbow, and the labyrinth. Search for great blues, bald eagles, ospreys and other denizens of the tidal lagoon. Paddling time is approximately three hours.

Henricus Park Visitors Center, 251 Henricus Park Road

Trip 1: Saturday, Aug. 12; 6:30-10 a.m. **Course 12103** \$15 Trip 2: Saturday, Aug. 26; 6:30-10 a.m. \$15 **Course 12104**

Moonlight Paddle

Embark on an evening paddle at the Dutch Gap Conservation Area. Slip quietly through the waters to observe wildlife. Watch the sunset, then behold the moonrise. Minimum age is 10. An adult must accompany children aged 10-14. Paddling time is approximately three hours.

Henricus Park Visitors Center, 251 Henricus Park Road Friday, Sept. 8, 4:30-8:30 p.m. **Course 12108** \$15

Sunset Paddle

Paddle and ride with the high tide to explore the tidal lagoon at the Dutch Gap Conservation Area. Paddle into the graveyard, through the wetlands and, finally, into the labyrinth. Find out how the lagoon was created, discover where the cypress trees grow and learn what creatures live there. Minimum age is 10. An adult must accompany children aged 10-14. Paddling time is approximately three hours.

Henricus Park Visitors Center, 251 Henricus Park Road Saturday, Sept. 23; 4-8 p.m. \$15 Course 12105

Presquile Island Boat Tour

Join the county naturalist and the refuge manager for a special boat tour around Presquile Island National Wildlife Refuge. Learn the history of the island and the purpose of the wildlife refuge while enjoying a cruise and searching for wildlife.

Thursday, May 4, 9-11 a.m. Meet at the end of Bermuda Hundred Road; directions will be provided.

Free, but call 706-9690 to register at least one week before program. Details: Mark Battista, 706-9690

Nature Programs

For more details on these nature programs, call Kristi Orcutt at 706-2734.

Naturalist Webelos Scout Badge

Visit Rockwood Nature Center to complete the requirements for your Naturalist Pin. We'll observe birds, learn about poisonous plants and venomous reptiles, and even weave a food web as we walk the trails toward the wetlands of Gregory Pond. For boys aged 9-11

Rockwood Park, 3401 Courthouse Road

Wednesday, May 3, 6-7:30 p.m. \$6 Course 12410

Wednesday, Aug. 16, 10 a.m.-11:30 p.m. \$6 Course 12411

Finding Your Way Junior Girl Scout Badge

While traveling over hill and over dale, learn to use that map and compass you carry in your backpack. Enjoy games and interactive activities, then demonstrate your new skills on an exciting scavenger hunt through the woods at Rockwood Park. For girls aged 8-11

Rockwood Park, 3401 Courthouse Road

Wednesday, May 10, 6-7:30 p.m. \$6 Course 12400

Outdoor Adventurer Brownie Badge

Enjoy a scavenger-hunt hike with the naturalist while learning how to stay safe outdoors and completing at least four activities to earn your Outdoor Adventure Try-It Badge. For girls aged 6-8 Rockwood Park, 3401 Courthouse Road

Wednesday, May 17, 6-7:30 p.m. \$6 Course 12405

Ecology Junior Girl Scout Badge

Our naturalists will introduce you to many of our tree and wildflower species as we examine the forest at Rockwood Park from top to bottom to complete the requirements for the Ecology Badge. For girls aged 8-11

Rockwood Park, 3401 Courthouse Road

Tuesday, Aug. 15, 10-11:30 a.m. \$6 Course 12402

Outdoor Fun Junior Girl Scout Badge

Earn your Outdoor Fun Badge by completing five activities. Girls will use "leave no trace" methods to build a fire and prepare a delicious campfire meal. After dinner, we'll learn some new knots and outdoor games and songs. For girls aged 8-11

Robious Landing Park, 3700 James River Road

Wednesday, Aug. 16, 6-8 p.m. \$7 Course 12401

Wildlife Junior Girl Scout Badge

What's the difference between reptiles and amphibians? Would you know a goldfinch if you saw one? Which animals are endangered in Virginia and why? The answers to these and many more questions will be explored as you complete the Wildlife Badge at Rockwood Nature Center. Participants must be registered Girl Scouts.

Rockwood Park, 3401 Courthouse Road

Thursday, Aug. 17, 7-8:30 p.m. \$6 Course 12404

Robious Ranger Programs

Registration is required. Robious Landing Park, 3700 James River Road

Thursdays, 1-2:30 p.m.

Let's Go Fishing

Have fun, and catch a memory. Learn about fishing gear and lures, how to bait a hook, cast your line and properly handle a fish. Bring your own rod, or use one of ours. Parents are encouraged to participate. Registration is required. For ages 5-12 June 22

\$4 Course 12390

Compass Crusades

Learn how to find your way through the forest using a compass and map. Enjoy a variety of games and interactive activities, then demonstrate your new skills on an exciting scavenger hunt along the trails of Robious Landing Park. For ages 8-12 July 6

\$4

Course 12393

Japanese Fish Printing

Create beautiful works of art in the ancient style of Gyotaku, the art of fish printing. We provide the rubber fish and rice paper, but you also may bring a prewashed T-shirt or tote bag to create your own wearable art. This is an easy craft that is lots of fun. For ages 5-12

July 27 \$4 Course 12388

Letterboxing

Explore the trails of Robious Landing Park as you participate in this fast-growing family hobby. Design and create your own stamp, learn to use a compass and then set out on a creature-feature letterboxing quest. A parent or adult is required to participate. For ages 5-12

Aug. 3. \$4 Course 12392

Building for Birds

Do something constructive this summer, and build a home for our feathered friends. Learn about our local birds and how to attract them to your backyard. All materials and tools are provided. You must bring a parent or grandparent to help. For ages 5-12

Aug. 10 \$10 Course 12391



Special Events and Programs

Kids' Fishing Fair

Kids, bring your parents to Pocahontas State Park and learn about fishing poles, bait and casting techniques. Master fishermen from Old Dominion Bassmasters will be on hand to help you hook a bluegill, perch or catfish from Swift Creek Lake. Crafts, games and prizes will be available. We provide the bait and poles or bring your own if you like. Every child is a winner if they get hooked on the sport of fishing.

Saturday, June 3

For anglers aged 5-15, 1-3:30 p.m. \$4 parking fee

Details: Kristi Orcutt, 706-2734

Pocahontas Performances Premiere Series: A Celebration of the Performing Arts

Join us at the Pocahontas Heritage Amphitheater for our popular performances. Co-sponsored by the Chesterfield County Parks and Recreation Department and the Virginia Department of Conservation and Recreation. Special thank you to our Chesterfield Celebrates Sponsors: AIM USA, Allen, Allen, Allen & Allen and our presenting sponsor Comcast. Pocahontas Performances will feature events the entire family will enjoy. Blankets or lawn chairs are recommended. Bring a picnic. No alcohol or glass bottles are permitted.

Richmond Symphony Concert

Pocahontas State Park Heritage Amphitheater Friday, June 3, 7 p.m. (Rain date June 4, 7 p.m.) Free Parking fee

Details: Dave Caras, 748-1132

James River Regional Cleanup

This event is a cooperative cleanup spanning more than 42 miles of the James River. It is sponsored by the James River Advisory Council. Powerboaters, canoeists, kayakers, rowboaters, hikers, waders and sorters all are needed to help in the cleanup effort. The coordination sites include Robious Landing and Dutch Gap Boat Landing, both in Chesterfield County; James River Park System (Reedy Creek), Richmond; Osborne Boat Landing, Henrico County; Maidens Landing, Powhatan County; and Cartersville, Cumberland County.

Saturday, June 10, 9 a.m.-1 p.m. Free Details: Kim Conley, 748-1567, or jamesriveradvisorycouncil.com

James River Days 2006

James River Days is a series of events offering recreational, environmental and educational opportunities in, on and around the James River. Events are scheduled through September. About 150 free programs and activities will be offered. For details and a brochure at no charge contact Kim Conley at 748-1567.

We like to hear from you.

Contact us at parksrec@chesterfield.gov.

Comcast Fourth of July Celebration

Celebrate our independence with a spectacular fireworks display at dark. The event will include children's activities area and special entertainment and will be held at the Chesterfield County Airport. Gates will open at 5 p.m. No alcohol, glass bottles, pets or personal fireworks, please. Blankets or lawn chairs are recommended. Don't miss this fun-filled event for all ages. Thanks to our title sponsor, Comcast Metro Richmond, AIM USA and Allen, Allen, Allen and Allen.

Sunday, July 4 (no rain date) Free Gates open at 5 p.m., fireworks at dark Details: Dave Caras, 748-1132

Chesterfield County Fair

County Fairgrounds, 10300 Courthouse Road Friday, Aug. 25-Saturday, Sept. 2 Details: chesterfield.gov

Virginia Folk Music Association Bluegrass Festival

Join the Virginia Folk Music Association as they present four days of music and competition at the Chesterfield County Fairgrounds. Thursday, Sept. 14-Sunday, Sept. 17

Details: 744-7514

Rainbow of Arts

Join the community in celebrating the 29th year of this annual arts-and-crafts event co-sponsored by the Chesterfield Jaycees. Children will enjoy the Imagination Station, where they can experience clay art. A play area for children also will be available. This event supports the Jaycees' community projects. Saturday, Sept. 16, 10 a.m.-5 p.m. Rockwood Park, Route 360 and Courthouse Road

Details: Chesterfield Jaycees hot line, 497-4600

Green Infrastructure Group (GIG)

The Green Infrastructure Group, or GIG, is an organization that promotes the preservation of green landscapes across Chesterfield County.

Contact: gig_ideas@comcast.net

Friends of Chesterfield's Riverfront

P.O. Box 2158, Chesterfield, Va. 23832 786-1703 riverfronts@earthlink.net chesterfieldriverfront.org



The Friends of Chesterfield's Riverfront is a local, non-profit organization formed as a result of the Riverfront Plan adopted by Chesterfield County in January 1997.

The Friends mission statement is to lead, partner and unify the community for the Appomattox and James rivers.

Special Events and Programs

Henricus Historical Park

Chesterfield County's history comes to life at Henricus Historical Park, site of the second English settlement in the New World. 251 Henricus Park Road

Details: 706-1340 or www.henricus.org

Musket, Sword and Pike

Henricus Historical Park invites you to come drill with the Henricus Militia. Experience a day in the life of the soldiers of Sir Thomas Dale's Militia.

Saturday, June 3, noon-5 p.m.

Fee: park admission; free for Henricus members

Details and to register: 706-1340

Camp Pocahontas at Henricus

Campers will explore both the life and importance of Pocahontas and the culture of the Powhatan people. Camp activities include Virginia Indian crafts, storytelling, games and nature walks.

For ages 6-10

Monday-Friday, June 19-23, 9 a.m.-4 p.m.

\$125 per child, discount for Henricus Family and Settler members Register by June 12.

Details: 706-1340

River Camp

Campers will discover the wonders of the James River and learn its significant impact on Virginia's history, economy and environment. During this active week of exploration, campers will fish, kayak,

hike and investigate the wetlands. Henricus River Camp is a cooperative program of Chesterfield County's Department of Parks and Recreation, Friends of Chesterfield's Riverfront and the Henricus Foundation. For ages 8-12

Monday-Friday, July 24-28, 9 a.m.-4 p.m.

\$125 per child, discount for Henricus Settler and Family members Register by July 17.

Details: 706-1340

Arrival in the New World

Spend two days at the Citie of Henricus learning things the new settlers had to do just to survive. For ages 9-12

Friday-Saturday, Aug. 18-19, 9 a.m.-4 p.m.

\$60 per child, discount for Henricus Settler and Family members Register by Aug. 11.

Details: 706-1340

Publick Day

Be a part of the 20th annual celebration of the founding of the 1611 Citie of Henricus. Experience the past as 400 years of history come to life with demonstration of 17th-century medical practices, military reenactments, Virginia Indian activities, historical children's games, storytelling, craft demonstrations and the Kids' Fun Area with hands-on activities provided by many Richmond region museums and organizations. There is a fee. Henricus members are admitted free.

Saturday, Sept.16, 10 a.m.-5 p.m. (rain date: Sept. 17)

Sports

For more details on sports programs, call Paul Wilmoth at 748-1130.

Lucy Corr Race for the Future

Saturday, July 22, 5K Run starting at 8 a.m. Lucy Corr Village, 6800 Lucy Corr Blvd.

Details: 748-1511

Tennis Youth Beginner Tennis

Learn the basic fundamentals in a fun-filled environment. Participants will receive instruction in forehand, backhand and serve while learning tennis rules and etiquette. Bring your own racket and balls. For ages 7-12

L.C. Bird Athletic Complex, 10401 Courthouse Road Monday-Friday, June 26-30, 8:30-9:30 a.m. \$35 Course 12284 Midlothian Middle School, 13501 Midlothian Turnpike Monday-Friday, July 17-21, 8:30-9:30 a.m. \$35 Course 12285 Swift Creek Middle School, 3700 Old Hundred Road South Monday-Friday, Aug. 14-18, 8:30- 9:30 a.m. \$35 Course 12286

Youth Advanced Beginner Tennis

It's time to put those basic tennis strokes together and get into some strategy. We'll refine those strokes and begin to get into some competitive situations. Bring your own racket and balls. For ages 7-12

L.C. Bird Athletic Complex,10401 Courthouse Road Monday-Friday, June 26-30, 9:45-10:45 a.m. \$35 Course 12287 Midlothian Middle School, 13501 Midlothian Turnpike Monday-Friday, July 17-21, 9:45-10:45 a.m. \$35 **Course 12288** Swift Creek Middle School, 3700 Old Hundred Road South Monday-Friday, Aug. 14-18, 9:45-10:45 a.m. \$35 Course 12289

Pee Wee Tennis

This class is great fun for children aged 4-6. We'll have fun, play games and learn the great sport of tennis. Bring your racket, preferably a smaller one, and a can of balls.

L.C. Bird Athletic Complex, 10401 Courthouse Road Monday-Friday, June 26-30, 11 a.m.-noon \$35 Course 12281 Midlothian Middle School,13501 Midlothian Turnpike Monday-Friday, July 17-21, 11 a.m.-noon \$35 **Course 12282** Swift Creek Middle School, 3700 Old Hundred Road South Monday-Friday, Aug 14-18, 11 a.m.-noon \$35 **Course 12283**

Sports

For more details on sports programs, call Paul Wilmoth at 748-1130.

Golf

All golf classes take place at Windy Hill Sports Complex, 16500 Midlothian Turnpike. Clubs are available. Details: 794-7193

Adult Beginner Golf

Lessons include instruction in grip, stance and swing fundamentals. For ages 15 and older Mondays, 6:30-7:30 p.m., \$70 per session

June 19-July 17 **Course 12235** July 24-Aug. 14 **Course 12236** Aug. 21-Sept. 11 **Course 12237**

Adult Intermediate Golf

Develop and enhance skills to include side-hill lies, reading greens, and bunker play during on-course lessons. For ages 15 and older Thursdays, 7-8 p.m., \$70 per session

June 15-July 6 **Course 12253** July 13-Aug. 3 **Course 12254** Aug. 10-31 **Course 12255**

Beginner Plus Golf Clinics

The next step to improving your golf game. Review the fundamentals and move to more advanced shots, bunker play, side-hill lies and course management. Golfers will receive gift bags, course passes and other incentives. For ages 7-17 Monday, Wednesday and Friday, 2-4 p.m., \$80 per session

Course 12270 June 19-23 July 10-14 Course 12271 July 24-28 **Course 12272** Aug. 7-11 **Course 12273** Aug. 21-25 Course 12274

Youth Beginner Golf

Learn the basics of grip, stance and full swing for irons, driver and fairway clubs, as well as short game, chipping and putting, course rules and etiquette. Fee includes clubs and balls. For ages 7-17 Sundays, 2-3 p.m., \$60 per session

June 17-July 15 Course 12261 Course 12262 July 22-Aug. 12 Aug. 19-Sept. 16 **Course 12263**

Pee Wee Golf

Designed for children aged 4-6, this class teaches basic golf swings and how to play the game. Participants play and practice on a junior-sized course. \$60 per session

Monday-Wednesday, June 5-7, 9-10 a.m. **Course 12245** Saturday, June 17-July 2, 11:30 a.m.-12:30 p.m. Course 12245 Monday-Wednesday, July 10-12, 11:30 a.m.-12:30 p.m. Course 12245 Monday-Tuesday, July 24-27, 8-9 a.m. Course 12245 Monday-Wednesday, July 31-Aug. 2 **Course 12249** Wednesday-Friday, Aug. 23-25, 8-9 a.m. Course 12256

Women Only Golf

Lessons include instruction in grip, stance and fundamentals. For ages 15 and older

Thursdays, 10-11 a.m., \$70 per session

June 22-July 13 Course 11250 July 20-Aug. 10 Course 11251 Aug.17-Sept. 7 Course 11252

Youth Beginner Golf Clinics

Beginners and players needing a refresher course for the season will learn the fundamentals for full swing with woods/irons, short game, rules and etiquette, and course management through games and skills contests. Golfers will receive gift bags, course passes, incentives

and lunch on Friday. For ages 7-17

Mondays and Wednesdays, 9-11 a.m., \$80 per session

June 19-23 **Course 12264** July 10-14 **Course 12265** July 24-28 **Course 12266** Aug. 7-11 **Course 12267** Aug. 21-25 **Course 12268**

Masters Full-Day Golf Camp

This full-day camp allows campers to build skills for the full swing, short game and putting while being challenged by both of the Windy Hill courses. Lunch is included. For ages 7-17 Monday-Friday, 9 a.m.-4 p.m., \$299

June 26-30 **Course 12278** July 17-21 **Course 12279** Aug. 14-18 **Course 12280**

Mini-Masters Half-Day Golf Camp

This exciting camp will emphasize skill building for full swing, short game and putting. Each camper will receive valuable coupons and participate in fun contests with great prizes. For ages 7-17 Monday-Friday, 9 a.m.-noon, \$150

June 26-30 **Course 12275** July 17-21 **Course 12276** Aug. 14-18 **Course 12277**

The First Tee Chesterfield

The First Tee is located in Daniel Park at Iron Bridge and includes an 18-hole golf course, driving range with practice areas and three-hole/par-three practice course. The facility provides affordable access to golf for all ages with a special emphasis on youths.

Details: 275-8050



Sixth Family Fairway Frenzy- Adult/Junior Tournament 22

Enjoy a day of fun at The First Tee Chesterfield. This tournament is designed for children and adults of all ages to enjoy the game of golf. No experience is necessary. Fee includes cart, range balls, prizes and club rentals for children. Golfers may purchase a box lunch for \$5.

Thursday, June 22, 9 a.m. \$30 per adult/child pair Course 12386 Details: Kelly Hedley, 748-1122

Summer Camps

Teen Centers Greenfield Teen Center

This teen center is for rising sixth-12th graders. Activities such as basketball, arts and crafts, and video games will be offered. The program will be offered Monday-Friday at the Greenfield Community Center. A camp registration form must be completed before your child can attend this camp. Space is limited on a daily basis. Greenfield Community Center, 2221 Woodmont Drive Monday-Friday, July 5-Aug. 4, noon-5 p.m. (Not held July 3 and 4) Free Course 11492

Details: Mark Pinney, 748-1992

Dale Area Teen Center

This teen center is for rising sixth-10th graders. Activities such as basketball, arts and crafts, field trips and community-service projects will be available to everyone. This teen-center program will be offered Monday-Thursday at Hening Elementary School. A camp registration form must be completed before your child can attend this camp. Space is limited on a daily basis. Hening Elementary School, 5230 Chicora Drive Monday-Thursday, July 5-Aug. 3, noon-5 p.m. (Not held July 3 and 4)

> Free Course 11491

Details: Mark Pinney, 748-1992

Clover Hill Area Teen Center

Middle-school students (rising to exiting) can enjoy activities such as billiards, air hockey and basketball at the Clover Hill Area Teen Center.

Swift Creek Middle School, 3700 Old Hundred Road South Wednesday-Friday

July 5-Aug. 4, 12:30-5:30 p.m.

Course 11909 Free

(not held July 3 and 4)

Details: Jackie Maclin, 748-1123 For Ettrick Teen Cener, see page 9.

Clown Camp

An introduction to clowning for ages 9-12, this camp will cover the basic principles of clown makeup, magic, juggling, developing costumes and learning how to participate in a parade. Manchester Middle School, 7401 Hull Street Road Monday-Friday, July 10-14, 12:30-4:30 p.m. \$70 Course 11647 Details: Mark Pinney, 748-1992

Horseback Riding Camp

This camp is designed for riders who want to learn the fundamentals or improve the skills they already have. Proper techniques for handling, mounting, riding, dismounting and maintenance will be taught. The camp will culminate with a horse show on the final day. Actual riding times may vary on the last day due to the show. For ages 8 and older Hunter Lane Stables, 3578 Hunter Lane

Monday-Friday, 8:30 a.m.-noon

June 26-30 \$175 Course 11982 July 31-Aug. 4 \$175 Course 11983

Details: Greg Velzy, 748-1124

EcoAdventure Camp – Exploring the James River

Join us for three days of paddling and exploring the James River. Paddle through the graveyard and labyrinth in the Dutch Gap Conservation Area and the flat-water stretch around Robious Landing, then launch your kayak to explore the Presquile National Wildlife Refuge. Drop off and pickup will be at the Parks and Recreation Maintenance Center located on Courthouse Road across from O. B. Gates Elementary School. Register by June 9. For ages 12-14

Parks and Recreation Maintenance Building, 9201 Public Works Road Tuesday-Thursday, June 20-22, 8 a.m.-5 p.m. \$115 Course 11953

Youth Adventure (ages 10-12)

Spend three adventure-filled days exploring Virginia's wild places. Learn to rock climb at Great Falls Park, paddle kayaks on the James River and hike in the Shenendoah Mountains. Drop off and pickup will be at Rockwood Park. \$120

Trip 1: Tuesday-Thursday, June 27-29, 7 a.m.-6 p.m. Course 12424 Trip 2: Tuesday-Thursday, Aug. 1-3, 7 a.m.-6 p.m. Course 12425 Details: Noel Losen, 748-1129

Teen Adventure (ages 13-15)

Are you ready for challenge and adventure? Find out this summer with our weekly adventures. Experience the high ropes course, including the zip and giant swing, rock climb on the Potomac River, kayak on the James River and learn to surf at Virginia Beach.

Trip 1: Challenge Course, Wednesday, July 5, 9 a.m.-4 p.m. Drop off/ pickup: Camp Baker, 7600 Beach Road

Course 12426

Trip 2: Rock Climbing, Wednesday, July 12, 6 a.m.-6 p.m. Drop off/pickup: Rockwood Park, 3401 Courthouse Road

Course 12427

Trip 3: Kayak, Wednesday, July 19, 9 a.m.-4 p.m. Drop off/pickup: Pony Pasture Park, James River Park System **Course 12428**

Trip 4: Surfing, Wednesday, July 26, 7 a.m.-6 p.m. Drop off/pickup: Rockwood Park, 3401 Courthouse Road Course 12429 \$55

Details: Noel Losen, 748-1129

Minimum Eligibility Requirements

Participants are expected to be able to meet certain minimum requirements in order to be able to participate in a camp.

Summer Camps

Rockwood Park Summer Sprouts

This camp will provide a first look into the world of nature for your little Summer Sprout. Each day will have a different theme and topic, from the meadow to the pond, to things that fly. We will enjoy several hands-on learning activities and crafts and will even handle gentle reptiles and amphibians. This camp is specifically designed for this age group. You may register for only one session, but you may be placed on a waiting list for a second session. Both sessions cover the same curriculum. Registration deadline is one week from the course start date. Cost includes a Rockwood nature-camps T-shirt. For ages 4-5

Monday-Friday, June 19-23, 9 a.m.-1 p.m. \$75 **Course 11727** Monday-Friday, June 26-30, 9 a.m.-1 p.m. \$75 **Course 11728** Details: 674-1629

Nature Nuts

It's time to get nuts about nature! The Nature Nuts camp is designed with themed days, crafts and activities covering the several habitats within Rockwood Park. We will discover everything from spiders to toads and frogs, to bats and birds. Nature Nuts is designed for campers who are starting school or have started school. You may register for only one session, but you may be placed on a waiting list for a second session Both sessions cover the same curriculum. Registration deadline is one week from the course start date. Cost includes a Rockwood nature-camps T-shirt. For ages 5-6

Monday-Friday, July 10-14, 9 a.m.-1 p.m. \$85 Course 11729 Monday-Friday, July 17-21, 9 a.m.-1 p.m. \$85 Course 11730 Details: 674-1629

Rockwood Junior Naturalist 1

Get down, dirty and in-depth as we explore all of Rockwood Park. We will meet and identify reptiles, amphibians, mammals, birds and insects. Families will be invited to a graduation ceremony where campers will receive a certificate, honorary degree and the title of Rockwood Junior Naturalist. Registration deadline is one week from the course start date. Cost includes a Rockwood nature-camps T-shirt. For ages 7-9

Monday-Friday, July 24-28, 9 a.m.-1 p.m. \$90 Course 11731 Details: 674-1629

Rockwood Junior Naturalist 2

Are you an older camper who is interested in the environment, hiking and exploring, snakes and other wildlife? Then this camp is designed for you. We will explore all of Rockwood Park, from Gregory's Pond to the Ice Pits. We will meet and greet several local animals and perhaps some local experts. Families will be invited to a graduation ceremony where campers will receive a certificate, honorary degree and the title of Rockwood Junior Naturalist. Registration deadline is one week from the course start date. Cost includes a Rockwood nature-camps T-shirt. For ages 10-12 Monday-Friday, July 31-Aug. 4, 9 a.m.-1 p.m. \$95 Course 11732 Details: 674-1629

World of Herps Camp

Can you define herpetology? We can! If snakes, frogs, lizards and toads intrigue you, please join us in the World of Herps. We will meet and handle all of the Nature Center's non-venomous reptiles and amphibians. Several guest speakers will bring in local and exotic herps throughout the week. We will close the week with a guided canoe/kayak paddle at the Dutch Gap Conservation Area. Registration deadline is one week from the course start date. Cost includes a Rockwood nature-camps T-shirt. For ages 9-11 Monday-Friday, Aug. 7-11, 9 a.m.-1 p.m. \$95 Course 11739 Details: 674-1629

Insect Investigators Camp

If you are not creeped out by six- and eight-legged creatures and even if you are - Insect Investigators Camp is for you. This three-day camp will show you that insects and spiders are everywhere, and we prove it to you by exploring Rockwood Park, visiting other parks and hosting local guest speakers. Registration deadline is one week from the course start date. Cost includes a Rockwood nature-camps T-shirt. For ages 8-10

Wednesday-Friday, July 5-7, 9 a.m.-2 p.m. \$60 **Course 11738** Details: 674-1629

Register early See Page 31 for easy ways to register.

Programs fill quickly

Camp Red Tail Hawk

Explore the outdoors at Rockwood Park. Activities will include archery, nature exploration, crafts, games and rock climbing at Peak Experiences Gym. For ages 6-10

Rockwood Park, 3401 Courthouse Road

Monday-Friday, 8 a.m.-noon

Details: Kristi Orcutt, 706-2734

June 26-30	\$55	Course 11903
July 10-14	\$55	Course 11904
July 17-21	\$55	Course 11905
July 24-28	\$55	Course 11906
July 31-Aug. 4	\$55	Course 11907

Robious River Camp

Join us for this exciting outdoor camp along the James River at Robious Landing Park in northern Chesterfield County. Activities will include fishing, boating, nature exploration and rock climbing at Peak Experiences Gym. For ages 9-13

Robious Landing Park, 3700 James River Road

Monday-Friday, 8 a.m.-noon June 26-30

\$60 Course 11803 July 10-14 \$60 Course 11804 Iulv 17-21 \$60 Course 11805 July 24-28 \$60 Course 11806 July 31-Aug. 4 \$60 Course 11807 Aug. 7-11 \$60 **Course 11808**

Details: Kristi Orcutt, 706-2734

Summer Camps

Camp Chesterfield

Get ready for lots of fun in the summer sun at Pocahontas State Park. Activities will include swimming, nature exploration, archery, crafts, canoeing and fishing. Bus service and before and after care will be provided at the Huguenot Park shelter 2, Rockwood Park playground and Harry E. Daniel Park at Iron Bridge playground. Staff will be on duty to supervise children beginning at 7:30 a.m. and until 5:30 p.m. At Pocahontas Park, drop off will be at 9 a.m. and pickup will be at 3:30 p.m.

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Monday-Friday, 9 a.m3:30 p.m., For ages 8-13							
June 26-30	\$145	Course 11788					
July 10-14	\$145	Course 11790					
July 24-28	\$145	Course 11792					
July 31-Aug. 4	\$145	Course 11793					
Aug. 7-11	\$145	Course 11794					
Wednesday-Friday, 9 a.m3:30 p.m., For ages 5-9							
July 5-7	\$90	Course 11789					
	_						

Monday-Wednesday, 9 a.m.-3:30 p.m., For ages 5-9 Iulv 17-19 \$90 Course 11791

Details: Kristi Orcutt, 706-2734

Camp Chesterfield CIT

The counselor-in-training, or CIT, contributes to the camp program by assisting staff to lead younger campers in various recreational activities. A successful CIT candidate enjoys outdoor activities and working with children. Bus stops will be the same ones used for Camp Chesterfield. Mandatory training will take place June 21-23. Registration is limited to two weeks per summer. For ages 14-17

Pocahontas State Park, 10301 State Park Road

Monday-Friday, 9 a.m.-3:30 p.m.

June 26-30	\$50	Course 11761
July 10-14	\$50	Course 11763
July 24-28	\$50	Course 11765
July 31-Aug. 4	\$50	Course 11766
Aug. 7-Aug. 11	\$50	Course 11787
Wednesday-Friday, 9 a.m3:30 p.m.		
July 5-7	\$30	Course 11762
Monday-Wednesday, 9 a.m3:30 p.m.		
July 17-19	\$30	Course 11764
Details: Kristi Orcutt, 706-2734		

Camp Crenshaw

This summer camp emphasizes fun and includes sports, games, music, and arts and crafts. Longer hours are available for summerschool participants. Summer-school students are not automatically enrolled and must register for the camp. For children aged 6-12 Crenshaw Elementary School, 11901 Bailey Bridge Road Monday-Friday, 1-5 p.m.

June 26-July 14	\$45	Course 12290
July 17-Aug. 4	\$45	Course 12291

Details: Jackie Maclin, 748-1123

Camp Crenshaw CIT

The counselor-in-training program provides a growth experience for teens aged 13-17 who would like an introduction to the principles of leadership.

Crenshaw Elementary School, 11901 Bailey Bridge Road

Monday-Friday, 1-5 p.m.

June 26-July 14 Course 12302 July 17-Aug. 4 \$30 Course 12303

Details: Jackie Maclin, 748-1123

Come Out and Play Chesterfield
This camp for children includes sports, games, music, and arts and crafts. Sites will include Ettrick, Harrowgate, Chalkley, Bensley, Hopkins and Beulah Elementary schools. Program will operate Monday-Friday, 1-5 p.m. Special registration is required. For ages 6-12

Two sessions: June 26-July 14 and July 17-Aug. 4

Call to register: Chalkley, Ettrick, and Harrowgate Elementary schools, Jackie Maclin, 748-1123

Call to register: Bensley, Beulah and Hopkins Elementary schools, Mark Pinney 748-1992

Come Out and Play Chesterfield CIT

The counselor-in-training, or CIT, program provides a growth experience for teens aged 13-17 who would like an introduction to the principles of leadership. Teens contribute to the various camp programs by working with staff to lead younger campers in various recreational activities. Daily schedules for CITs may be adjusted to accommodate special needs and/or interests. A mandatory training with camp staff will be scheduled.

Monday-Friday, 1-5 p.m.

Beulah	Elementary	School,	4216	Beulah	Road

June 26-July 14 \$30 Course 12071 **Course 12072** \$30 July 17-Aug. 4

Bensley Elementary School, 6600 Strathmore Road

June 26-July 14 \$30 **Course 12073** July 17-Aug. 4 \$30 **Course 12074**

Hopkins Elementary School, 6000 Hopkins Road

Course 12078 June 26-July14 \$30 July 17-Aug. 4 \$30 **Course 12079**

Harrowgate Elementary School, 15501 Harrowgate Road

June 26-July 14 \$30 **Course 12306** \$30 July 17-Aug. 4 Course 12307

Ettrick Elementary School, 20910 Chesterfield Avenue

June 26-July 14 \$30 **Course 12308** July 17-Aug. 14 \$30 Course 12309

Chalkley Elementary School, 3301 Turner Road

June 26-July 14 Course 12304 \$30 July 17-Aug. 4 \$30 **Course 12305**

Details: Chalkley, Crenshaw, Ettrick, and Harrowgate

Elementary schools Jackie Maclin, 748-1123

Details: Bensley, Beulah and Hopkins Elementary schools Mark Pinney 748-1992

Therapeutic Recreation

Offering educational and recreational activities to help individuals with mental, physical, emotional and/or developmental disabilities develop and refresh their minds and bodies in ways that enhance health, independence and well-being. For more details on therapeutic recreation programs, call Stacy Slusser at 751-4134.

TGIF

The Chesterfield County Parks and Recreation Department teams up with the Henrico County Division of Recreation and Parks to bring you TGIF. Every first Friday of the month, survivors of brain injury who are 18 and older meet for a social event. If you enjoy dining, dancing and having fun with good friends, you'll want to be part of TGIF. For details on therapeutic recreation programs, please call Stacy Slusser at 751-4134.

Horseplay Therapeutic Riding Program Inc.

Participants aged 5 and older with disabilities are invited to join this therapeutic riding program taught by a North American Riding for the Handicapped certified instructor. All participants must weigh less than 150 pounds and be able to maintain sitting balance on the horse unassisted. Medical information must be submitted prior to participation. Session is limited to eight riders who meet program requirements.

Details: Janet Workman, 839-1506

Special Olympics

Athletes with mental retardation or cognitive delay aged 8 and older are invited to register for participation in Special Olympics. Special Olympics Virginia Chesterfield County offers a variety of sports, including roller-skating, snow skiing, golf, ice-skating, track and field, aquatics and tennis, as well as unified team sports such as soccer, volleyball, basketball, softball and bowling. Unified Sports is an inclusive program that pairs individuals with disabilities with their peers without disabilities on the same teams to train and compete. Skill training is offered in golf, volleyball, basketball, soccer, swimming, tennis and roller-skating. Details: Karin Koch, 744-9666

UniqueKids Inc.

This co-sponsored group serves children with a diagnosis of higherfunctioning autism, Asperger's syndrome, Pervasive Development Disorder-Not Otherwise Specified, Attention Deficit Hyperactivity Disorder or similar diagnoses, as well as their siblings. Children can participate in arena kickball, indoor soccer, seasonal camps and one-act plays while learning social skills. Camps for Summer 2006 include Survivor Camp, Bridge the Gap 1, Bridge the Gap 2 and Teen Living.

For details, or to register, call 739-9875 or see uniquekids.net.

Instructors, Volunteers and Inclusion Coaches Needed for Therapeutic Programs

Instructors, volunteers and inclusion coaches are needed to lead and instruct recreational activities and classes in dance, health and fitness, crafts, hobbies and sports for youth and adults with disabilities. Instructors are hired on a contractual basis. Experience or certification is required.

Details: Stacy Slusser, 751-4134

Therapeutic Recreation Camps **Summer Nights**

In addition to Summer Adventures, Summer Nights is now available for individuals with mental retardation aged 22 and older. Spend four fun-filled evenings meeting new friends and enjoying summer recreational activities. Register at least two days prior to session start date. No transportation is provided. Parents are welcome to accompany the participant throughout the sessions. A prerequisite skill is a tolerance of group activities and outings. \$10 per session and activity fees as applicable

Welcome Night

Come to Huguenot Park for adapted sports and games. This recreational evening provides participants and parents with an opportunity to meet the staff and new friends. Please register at least two days prior to session start date.

Huguenot Park, 10901 Robious Road

Wednesday, July 12, 6:30-8:30 p.m. \$10 Course 11723

Alley Cats

Join us at Bowl America Southwest for a few frames with friends. In addition to the session fee, a discount fee for two games and shoes is due to Bowl America before play begins. Please register at least two days prior to session start date.

Bowl America Southwest, 11532 Hull Street Road

Wednesday, July 19, 6:30-8:30 p.m. Course 11954 \$10

Water's Edge

Come join us for an evening of fishing at a wheelchair-accessible site. Bamboo poles and bait will be provided. No experience is required, and fish tales are welcome. Please register at least two days prior to session start date.

Wednesday, July 26, 6:30-8:30 p.m. \$10 Course 11955

A Night at the Diamond

Let's go out to the ball game. Enjoy the sights and sounds of a Richmond Braves game at The Diamond. In addition to the session fee, admission to the game is required. If baseball scheduling changes, the alternative activity is a nature hunt at Rockwood Park. Please register two days prior to session start date.

The Diamond, 3001 N. Boulevard

Wednesday, Aug. 2, 6:30-8:30 p.m. \$10 Course 11957

Details: 751-4134

THAT'S NOT ALL! Did you know that other activities listed in this publication are available to participants with special needs? Take a look through this program guide to see what interests you, and please call us! Assistance and/or accommodations may be available to persons with disabilities. Details: Stacy Slusser, 751-4134

Adult Continuing Education

For more details from Chesterfield County Public School's Office of Adult Education, call 768-6140 or go to chesterfield.k12.va.us

GED Class Information Summer Session

Many adults choose to complete the General Education Diploma, or GED, a high school equivalency program. Adults complete an initial assessment to determine their readiness level to study for the GED. Subjects include language arts-writing essay, social studies, science, language arts-reading and mathematics. Classes are designed informally, giving adults choices in the learning process. Textbooks and a variety of workbooks are available for students, as are educational programs on the computer.

Total Hours: 26, Tuition: \$25 (money order only) Senior Passport Materials Fee: \$20, Book: \$20

Chesterfield Technical Center, 10101 Courthouse Road

Registration

Tuesday, Wednesday and Thursday, June 20-22 10 a.m.-noon 6:30-8:30 p.m.

Classes

Tuesday and Thursday, June 27-Aug. 10 10 a.m.-noon 6:30-8:30 p.m. Details: 768-6140

GED Testing 2006 Summer Session

Chesterfield Technical Center, 10101 Courthouse Road

Registration

Tuesday and Thursday, 8:30 a.m.-3 p.m. Wednesday, 6:30-8:30 p.m.

Official GED Testing, Room 312

Tuesday and Thursday, 9:45 a.m.-2:30 p.m.

July 11-13

Aug. 8-10

Tuesday and Thursday, 5-9:30 p.m.

July 25-27

Aug. 22-24

Official Practice Testing, Room 312

Tuesday and Thursday, 6-8 p.m.

July 18-20 Aug. 15-17

Details: 768-6140

English as a Second Language

For more details, including registration and schedule, please call 768-6140.

Touch-Tone Registration

Want a quick, easy, convenient way to register for programs? You got it!

Use Touch-Tone Registration to register for most courses, programs and activities, any hour of the day or night, seven days a week. With today's increasing demands on family time, Parks and Recreation offers our customers a quick and easy way to register. All it takes is your phone, your Parks and Recreation account card (call 748-1623 to get one) and your MasterCard, VISA, or VISA/MasterCard debit-card number.

Parks and Recreation Account Setup Call (804) 748-1623.

Look for the phone symbol

Whenever you see this symbol next to a program, it indicates that you can use our easy Touch-Tone Registration process.



Here's how it works:

- 1. Phone (804) 768-7722.
- 2. Press 1 for the registration menu.
- 3. Press 1 again to register.
- 4. Enter the **Personal Barcode Number** (from your Parks and Recreation account card) for the person you want to register.
- 5. Enter the **Family PIN** (from your Parks and Recreation account card).
- 6. Enter the **Course Number** (from Parks and Recreation's Program Guide).
- 7. Enter your VISA, MasterCard or debit-card information.

It's that easy!
You'll receive confirmation by mail.

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Other Information

Employment Opportunities

Recreation Supervisors, Leaders and Therapeutic Recreation Staff:

The Chesterfield County Parks and Recreation Department is seeking individuals to supervise children during our summer recreation programs. Salary range varies with qualifications and experience. Details: Dave Caras, 748-1132

Specialized Class Instructors:

Instructors and volunteers are needed to lead and instruct preschoolers, youths, teens, adults, senior adults and individuals with disabilities in recreational activities and classes in dance, health, fitness, crafts and hobbies. Details: Dave Caras, 748-1132

Adverse Weather Hot Line 748-1001 or on the Web at chesterfield.gov

Field Closings and Facility Closings

Field Closings: Decisions regarding weekday field closings due to weather conditions are not made until 4 p.m. Decisions regarding games at outdoor school sites are made by league commissioners on weekends.

Facility Closings: If you are not sure about the status of a facility or activity, first call the hot line, then try the appropriate staff, and finally Parks and Recreation at 748-1623.

Facility Reservation Information

Bensley Community Building: 275-5321 Ettrick Community Building: 526-5596 Fairgrounds/Exhibition Hall: 748-1126 Horseback Riding Rings: 748-1126

Picnic Shelters: 751-4696

Picnic Shelter Reservations

Picnic shelters may be reserved after Jan. 1 each year. Reservations are available from mid-March through mid-November. Shelters may be reserved from 9 a.m.-2 p.m., 3-8 p.m. or 9 a.m.-8 p.m. Shelters can hold up to 150 people each. Please contact us for events that will include more people. Fees range from \$40 to \$90. Special activities and events at the shelters require additional approval. For shelter reservations, call 751-4696 or access a shelter reservation form at chesterfield.gov.

Picnic shelters are available at these locations:

Daniel Park at Iron Bridge Dodd Park at Point of Rocks Ettrick Park Goyne Park

Harrowgate Park Huguenot Park Robious Landing Park Rockwood Park

Discount Theme Park Tickets

Chesterfield County Department of Parks and Recreation is once again offering great deals on theme park tickets. In addition to the discount tickets to Kings Dominion, Busch Gardens and Water Country, tickets are available to Carowinds and Hershey Park. Also new this season, Busch Gardens has a "fun card" ticket which offers unlimited visits to the park until Sept. 4. Tickets must be purchased in person at the Parks and Recreation office, 6801 Mimms Loop. Only cash, or MasterCard or Visa (debit/credit cards) are accepted for the tickets.

How to Reach Us

The department administration building, located at 6801 Mimms Loop, is open from 8:30 a.m. to 5 p.m., Monday through Friday, except on government holidays.

> (804) 748-1623 chesterfield.gov

Park Numbers

If you have a question about a specific park, you can call that park directly from 7 a.m. to 3:30 p.m.

Main Parks Office 748-1624 (8 a.m.-5 p.m.) Daniel Park at Iron Bridge 271-7554

Dodd Park at Point of Rocks 530-2459 Huguenot Park 323-1700 Rockwood Park 276-6661 Warbro Complex 717-6215 Central 717-6215

After-Hours Parks and Recreation Assistance

After working hours or on weekends, call 748-1624.

Parks and Recreation Advisory **Commission (PRAC)**

The Parks and Recreation Advisory Commission (PRAC) provides a link between the community and the Parks and Recreation Department. The PRAC has two representatives from each magisterial district and one from the School Board. The county Board of Supervisors appoints members to the PRAC for four-year terms. The commission meets monthly to hear concerns, discuss issues and provide input to the department about the operation of parks and recreation services. Citizens are welcome at the meetings, held the first Thursday of each month at 7 p.m. at the Central Library. For more information, contact the department at 748-1623.

Commission Members

Bob Terrell

Bermuda District Matoaca District Timothy Mick Tim Russell **Jack Griffin** Earl Gee

Clover Hill District Midlothian District Frank McDavid, chairman Ron Maxev Will Shewmake Jose Sanchez

Dale District School Board Representative

Dennis Harding Lynn Crump

Nondiscrimination/Inclusion Statement

The Chesterfield County Parks and Recreation Department provides opportunities and recreation programs that are open and accessible to all citizens in the county regardless of sex, religion, socioeconomic status or level of physical or mental ability.

Please give us at least three-weeks notice prior to the course or program start date to make reasonable accommodations. An abbreviated version of this brochure is available on audiocassette by calling 748-1623.

Registration begins Monday, April 24, 2006.

Registration Information

Courses are filled on a first-come, first-served basis. A receipt represents a completed registration. The county charges \$25 for returned checks.

Refunds

Refunds are made when courses are full or canceled. If a change in day, time or location prohibits you from attending, we will be happy to refund your fee. Simply mail your written request at least one week prior to the start of the program.

We guarantee your satisfaction!

If after taking a course, you were dissatisfied with it, you may either transfer to another course or request a refund. Just notify us in writing within one week of the end of the course.

How To Register



Mail In: Complete form below and attach payment or credit-card information. No cash, please.



Walk In: The Parks and Recreation Administration Building is open weekdays, 8:30 a.m.-5 p.m., and is located at 6801 Mimms Loop in the Chesterfield County Government Center.



Drop Box: Drop registration form with payment (no cash) in the mail slot at the Parks and Recreation Administration Building.



Call In: Call us at (804) 748-1623, Monday-Friday, 8:30 a.m.-4:30 p.m., to register.



Touch Tone: You can register 24 hours a day, seven days a week, by calling our automated registration system at (804) 768-7722. See Page 29 for details.



Fax In: Fax form with credit-card information to (804) 751-4131.

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	How would you prefer to learn about the programs and services offered by Parks and Recreation? Choose one: Newspaper Radio Internet Mail TV Library/Retail Outlet								







Chesterfield County Parks and Recreation

P.O. Box 40, Chesterfield, Virginia 23832